

WALKATHON 2006 – Walk for Awareness

HKBCF would like to thank all sponsors, donors, volunteers and walkers for supporting the Walkathon on 15 October 2006.

Although the weather was less than sunny coupled with scatter showers, it had not dampened the high spirit of the participants. The Hon Mrs Rita Fan, President of the Legislative Council and Hon President of HKBCF, kicked off the walk amongst the cheers from all.

Thanks to our sponsors (Cafe Deco and Estee Lauder), walkers, donors and volunteers for supporting this event, HKBCF successfully raised over \$655,000.



SPRING PARTY 2007

To celebrate the Year of Golden Pig and the 2nd anniversary of HKBCF, the Spring Party 2007 was held at Cosmopolitan Hotel on 3 February 2007. Around 100 members and guests joined the party.

Apart from introducing the new Council, our Founder, Dr Polly Cheung recapped HKBCF's rapid development in the past two years. Looking ahead, our new Chairman Mrs Joanna Choi promised HKBCF would reach out further into the community of Hong Kong so that more public would benefit from HKBCF. In addition, our Honorary President, Mrs Rita Fan, delivered an opening speech which is full of humor, practical advice and food for thought.





OUTDOOR ACTIVITIES

Bird Watching

Undaunted by bird flu, our first outdoor activity in 2007 – bird watching was held on 13 January 2007 at Tsim Bei Tsui / Yuen Long. 20 members and their family enjoyed a half-day out to Tsim Bei Tsui watching some rare species of birds in Hong Kong.



Visit to Chi Lin Nunnery

After the CNY holiday, our members enjoyed a tour and a sumptuous vegetarian meal at Chi Lin Nunnery on 6 March 2007. We put behind all our hazzle and worries as soon as we stepped into the quiet sanctuary. The staff from Chi Lin Nunnery took us on a tour to introduce the famous construction of the temples and the newly opened garden.



MONTHLY EDUCATIONAL TALK ON BREAST CANCER

January – Prevention of Breast Cancer, Where are we?

The talk was delivered by our Founder, Dr Polly Cheung on 6 January 2007 on the most updated information about breast cancer.

March – How to Keep One's Good Health in the form of Traditional Chinese Medicine

The talk was delivered by registered Chinese Medicine Practitioner Ms Louisa Wong on 3 March 2007 on healthy living through exercise, diet, rest and comfort.

April – At the Critical Moment

Dr Hsu (Famous Surgeon in Taiwan) promoted in his talk on 25 March 2007 the concept of holistic health: body, mind and spirit. He encouraged us to stay positive and happy.



SUPPORT SERVICES

Patient Support Group

Owing to overwhelming response, we have designated our regular Wednesday afternoon support group for breast cancer patients newly diagnosed or undergoing medical treatment. A separate Saturday morning group has been introduced for patients who have completed medical treatment. Please contact HKBCF office for enrollment.

Husband Support Group

Husbands play an important role in helping their partners suffering from breast cancer on the road to recovery. A husband group was conducted by Dr. Rhoda Yuen and Dr. Peter Choi on 12 February 2007. Apart from helping them to understand more about breast cancer and its treatment and the psychology of breast cancer patients, husbands were encouraged to express their concerns and their worries in a supportive and empathetic atmosphere.

PUBLIC EDUCATIONAL PROGRAM

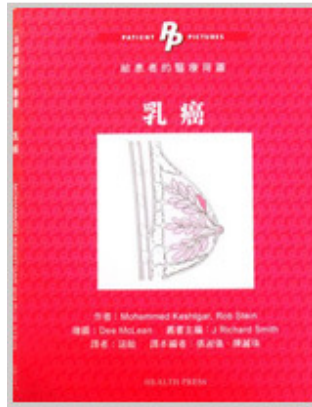
To promote the importance of "Early Detection Saves Life", HKBCF delivered a number of corporate talks to ING Investment Management Asia Pacific, Tricor Services Company Limited and Mallesons Stephen Jaques in the 1st quarter of 2007.

We also supported the Breast Cancer Awareness Exhibition hosted by HKJTT-JCI at Olympic City on 18 March 2007.

PUBLICATION

A Chinese edition of "patient pictures" is available at HKBCF at \$80; a DVD "Taking on the Breast Cancer Challenge" is also available on donation of production cost of \$60.

Coming up is a book on "My Journey" through which breast cancer patients and survivors can record details of their medical history, medical treatment and follow up.



GALA DINNER

A Gala Dinner will be held on 4 May 2007 at the Four Seasons Hotel to raise funds to support the various activities of HKBCF. Programme for the evening will include artists performance, auction and lucky draw.

We appeal to your support by sponsoring a table(s) at HK\$100,000 each, advertisement on programme book and / or donation of prizes for raffle draw. Please contact us should you need further information about this fund raising event.