

乳你前行

Journeying Together



2024/25 年
Annual Report 報

及早發現 治療關鍵
Early Detection Saves Lives

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創會人的話

Founder's Message



香港乳癌基金會二十年回顧

行醫四十載，作為專注乳癌的外科醫生，我深深體會到僅憑一己之力，難以滿足病人全方位的需求。患者需要的不僅是醫病，還包括心理健康、社會關懷、輔助醫療及康復支援。唯有如此，才能幫助她們重返正常生活。

香港乳癌基金會（基金會）的構想始於 2002 年 12 月，我與一群康復者傾談，大家目標一致希望幫助更多患者度過難關。有康復者更自費修讀輔導課程，以提供專業支援。在康復者及醫生義工的共同努力下，基金會於 2004 年 6 月 21 日正式註冊成立，由我擔任創會人，關智鸞女士出任創會主席。基金會結合醫療專業人士的知識與康復者的熱忱，開創了本港首家專注乳癌的非牟利組織。

我們選擇在 2005 年 3 月 8 日向公眾宣布基金會的成立，旨在減低乳癌對社區的威脅。首屆管委會中的康復者勇敢

打破社會「聞癌色變」的禁忌，坦然接受媒體訪問與拍攝，成功提升公眾對乳癌的認識。

起初基金會工作由義工推動。患者支援小組則利用周末在我的診所聚會，互相扶持。其後，我們於 2005 年 8 月在中環業豐大廈設立首個中心，場地由贊助人梁紹鴻博士借出，之後遷至北角永昇中心，並設立乳癌支援和乳健中心。在善心人士支持下，我們於 2007 年聘請了首位護士輔導員，標誌著專業輔導服務的重要里程碑，如今支援團隊每年服務約 15-20% 新確診患者。

首屆管委會提出「及早發現，治療關鍵」口號，倡導乳房篩查。然而，2004 年 12 月政府政策以缺乏本地數據為由，「不建議乳房 X 光造影篩查」。這為我們帶來挑戰，但同時萌生「香港乳癌資料庫」的成立，透過收集數據，探討東西乳癌差異。經過兩年努力，資料庫於 2007 年成立，至今登記逾 32,000 名患者，並與大學展開合作研究。我們樂見政府於 2020 年 7 月更新政策，建議按風險類別為健康婦女提供篩查。

事實上，早於 1990 年，我已在廣華醫院設立首個乳房普查計劃。及至 2008 年，基金會展開首個免費篩查計劃，惠及數百名弱勢婦女。憑藉經驗及努力，我們獲香港賽馬會慈善信託基金資助，於 2011 年正式成立香港乳健中心，提供免費及自費乳房 X 光檢查。研究顯示低收入地區患者病情較嚴重，我們成功爭取政府批租土地及香港賽馬會慈善信託基金的建設資助，九龍乳健中心遂於 2018 年正式啟用。

基金會首五年是「起步期」，我們推動教育、病人支援及循證倡導，並逐步由義工主導轉向專業主導。很多患者感謝基金會的支援改變了她們的抗癌之路。隨著義工團隊壯大及社區支持，我們將服務整合為三大中心：乳癌支援中心、乳健中心及乳癌研究中心，標誌著第二個五年「鞏固期」。

在第二個十年，我們致力成為以專業為主導、以患者為中心的慈善機構，填補公私營醫療缺口。我們積極回應患者需求，提供藥物資助及淋巴水腫服務，並匯集公私營及學術界專業人士，研究及分享乳癌治療新進展。

回顧二十年的歷程，我衷心感謝歷屆及現任管治委員會、顧問理事會及各委員會成員、名譽顧問、義工、善心人士和慈善機構的支持和貢獻，促使基金會茁壯成長。我們期盼邁入持續發展的新里程，守護婦女乳房健康。



香港乳癌基金會成立典禮
Inaugural ceremony of the Hong Kong Breast Cancer Foundation

Reflections on 20 Years Journey of HKBCF

As a surgeon specialised in breast cancer care for the last four decades, I realised that no single clinician can meet all the needs of a patient. A holistic approach to the patient journey extends beyond medical treatment alone – it encompasses psychosocial support, paramedical services and survivorship care to help patients return to their normal lives.

Hong Kong Breast Cancer Foundation (HKBCF) was conceptualised in December 2002 when I talked with a group of survivors who wished to support patients going through the same journey. Some took counselling training to help fellow patients in a professional way. Through the collective effort of patient and doctor volunteers, Hong Kong Breast Cancer Foundation was officially incorporated on 21 June 2004 with myself as Founder and Doris Kwan as Founding Chairman. We brought together the expertise of like-minded medical professionals and the passion of breast cancer survivors, creating Hong Kong's first non-profit organisation focused on breast cancer.

We chose 8 March of 2005 as our inauguration date, to make public announcement of our establishment with the vision of mitigating the threat of Breast Cancer in the community. Breast cancer survivors from the first Management Committee courageously stepped forward to be interviewed and photographed by media, breaking the taboo that breast cancer should be concealed. They successfully raised public awareness of breast cancer.

Initial work of HKBCF was volunteer-led. Patient support activities were held in my clinic on weekends, for experience sharing and mutual encouragement. Our first HKBCF centre was opened in August 2005 at Yip Fung Building in Central, a premise generously provided by our patron, Dr. Edwin Leong. We later moved to Jupiter Tower in North Point to house both our Breast Cancer Support Centre and our Breast Health Centre.

With philanthropists' support in 2007, we hired our first nurse counsellor, marking a milestone in providing professionally led counselling services. Today, the team has grown to serve 15-20% of newly diagnosed breast cancer patients annually.

We adopted the slogan "Early detection saves lives", and advocated early detection through screening of healthy women, in line with global trends. We received our first major setback when a government policy in December 2004 stated that "Mammogram screening was not recommended due to lack of local evidence". This challenge prompted us to formulate the "Hong Kong Breast Cancer Registry" (HKBCR) in 2005, with the aim of collecting local data to determine whether breast cancer in Asia differ from those in the West. After two years of dedicated efforts, HKBCR was established in 2007. To date, more than 32,000 patients have participated, with collaborative university research driving advances in breast cancer care. We are heartened by the updated government policy in July 2020, recommending risk-based mammogram screening.

With global evidence that early detection through regular breast screening in healthy women leads to earlier staging at diagnosis and reduces breast cancer mortality, I established the first mammogram screening at Kwong Wah Hospital in 1990. In 2008, HKBCF launched its first free screening programme, benefiting hundreds of underprivileged women. Building on this experience and through lobbying efforts, we received funding support from HKJC Charities Trust to set up the Breast



Health Centre (Hong Kong), which officially opened in 2011 to provide regular free and self-funded mammogram screenings. With HKBCF evidence of advanced diagnoses in low-income areas, we successfully secured Government support for land lease, along with further funding from the HKJC Charities Trust in construction, the Breast Health Centre (Kowloon) officially opened in 2018.

The first 5 years of HKBCF's work laid a solid foundation, which I referred to as the Development Phase. We established the programmes that brought our mission to life: public education, patient support, and evidence-based advocacy. We evolved from a volunteer-led initiative into a professional-led service, ensuring that patients received effective professional support complemented by peer sharing. Many patients expressed heartfelt gratitude, noting the support made a real difference in their cancer journey.

With patients returning as volunteers and growing support from the community, we were able to consolidate our services into three dedicated centres: the Breast Cancer Support Centre, the Breast Health Centre and the Breast Cancer Research Centre. This marked our second 5 years of development - the Consolidation Phase.

In the second decade of HKBCF's service, we continued to expand our services to a wider scope, positioning ourselves as a professional-led, patient-centred, breast-cancer-focused charitable organisation dedicated to bridging the service gap between the public and private sectors. Amid rapid advances in breast cancer care, we addressed patients' evolving needs with drug assistance programmes and lymphoedema services.

We also brought together doctors, nurses and allied health professionals from public, private and academic institutions to collaborate on research and share updates in breast cancer treatments, continually enhancing our services.

Looking back on HKBCF's twenty-year journey, I wish to express my heartfelt gratitude to the dedications of all members of our past and present Management Committee, Advisory Council and committees, our honorary advisors, volunteers, and support from doctors, individual philanthropists, and philanthropic organisations that have shaped our growth and development. We look forward to the next phase of sustainability that will enable us to continue serving our community and to enhance women's breast health and cancer care.

主席的話

Chairman's Message



2025 年是香港乳癌基金會（基金會）成立二十周年的里程碑，過去「乳你前行」20 載的旅程中，我們感恩得到各方的支持。

在這別具意義的一年，基金會舉辦多項慶祝活動，3 月 8 日的周年會員聚會，超過 300 位乳癌患者、康復者及其親友同賀會慶。5 月 18 日舉辦的基金會二十周年晚宴則匯聚 600 多位社會賢達及各界領袖到場支持，當中民政及青年事務局局長麥美娟女士 SBS, JP 於台上致辭時，特別感謝基金會為無數女性帶來希望。

基金會過去 20 年來一直與乳癌患者及其親友同行，且一直專注於三大服務支柱。我們致力提高公眾對乳癌的認識，積極呼籲 40 歲或以上婦女定期接受乳健檢查，乳健教育活動吸引逾 15 萬人次參與，並為超過 18 萬人次提供乳健檢查及跟進。同時，基金會為乳癌患者提供全方位支援，包括支援小組、個人心理輔導、淋巴水腫護理服務、中醫服務、乳癌護理錦囊送贈等，吸引逾 32 萬人次參與各類活動。基金會先後推出多個藥物資助計劃，惠及接近 2,000 名低收入乳癌患者得到藥費減免，累計超過 2,800 萬港元。另外，基金會轄下的香港乳癌資料庫，有逾 3 萬名患者登記參與數據分析，有助研究適合香港乳癌情況的治療方案和醫療政策。

在報告年度內，我們在三大範疇均有新發展。在乳健教育方面，我們製作了 20 集乳癌資訊教育短片「乳您同行」乳癌教室。在患者支援方面，我們嘉許 30 位服務滿 10 年、5 年和 3 年的義工。在研究及倡議方面，我們發布《香港乳癌資料庫第 16 號報告》，比較初診擴散性乳癌和早期乳癌兩組患者的情況。

同時，基金會積極走入社區，讓大眾正視乳癌威脅。除了每年一度參與健康博覽設置展位，基金會於報告年內在百貨公司擺設乳健攤位，吸引消費者在購物之餘，了解乳健資訊。而基金會亦定期派員到各企業、機構、學校、地區康健站等，舉行乳健講座。

基金會衷心感謝各企業夥伴，特別是粉紅夥伴，以及所有以個人、協會、社團和學校名義支持我們的持份者。

我們亦感謝名譽顧問、顧問理事會和各委員會的成員，以及香港中心和九龍中心的同事們，正因為他們的努力，使基金會方能取得今天的成果。

展望未來，基金會將一如以往提倡「乳癌篩查三步走」，首先為高風險婦女提供乳房篩查，接着為居住低收入、低篩查率和乳癌期數高地區的一般風險婦女，提供試點篩查計劃，最後落實全民乳癌篩查，以盡早找出早期乳癌患者和減少死亡率。基金會歡迎政府於 2025 年 5 月推出第二階段「乳癌篩查先導計劃」，並很榮幸成為指定服務提供者之一，為有高風險罹患乳癌的合資格婦女提供受資助的乳癌篩查服務。

基金會將繼續致力於乳健教育及檢查、患者支援、研究及倡議。承如本年報以「道路」作封面設計，除了象徵基金會 20 年來與患者及康復者同行之外，亦誠邀社會各界人士加入我們，一起並肩走在支援乳癌社群的路上，在往後的抗癌旅程中繼續「乳你前行」。



The 2025 marked the 20th Anniversary of Hong Kong Breast Cancer Foundation (HKBCF). We have learned much from "Journeying Together" over the past two decades, and we are grateful for the support from all sectors.

Being a milestone year, there was no shortage of celebratory events. Our Annual Members' Gathering in March was attended by over 300 patients, their families and friends. The Gala Dinner on 18 May brought 600 distinguished guests together, with the Hon Alice Mak Mei Kuen, SBS, JP, Secretary for Home and Youth Affairs, delivering a speech to thank HKBCF for illuminating the light of hope for countless women.

In the past 20 years, the HKBCF has journeying together with breast cancer patients and their families and friends, and has focused on three major service pillars. We are committed to enhancing public awareness of breast cancer and actively encourage women aged 40 and above to undergo regular breast screenings. Our educational activities have attracted over 150,000 attendees and provided more than 180,000 breast cancer screenings and follow-ups. Also, the HKBCF offers comprehensive support for breast cancer patients, including support groups, counselling, lymphoedema care services, Traditional Chinese Medicine services, free comfort packs, engaging over 320,000 attendees in various activities. We have launched multiple drug assistance programmes that have benefited nearly 2,000 low-income breast cancer patients, providing over HK\$28 million in drug subsidies. Additionally, the Hong Kong Breast Cancer Registry under the HKBCF has registered over 30,000 patients for data analysis, assisting in the research of suitable treatment options and medical policies for breast cancer in Hong Kong.

During the reporting year, we have made new developments in three major areas. In breast health education, we produced a 20-episode informational series titled "Taking on the Breast Cancer Challenge" for breast cancer awareness. In patient support, we recognised 30 volunteers for their service of 10 years, 5 years, and 3 years. In research and advocacy, we released the Hong Kong Breast Cancer Registry Report No. 16, which focuses on comparing the conditions of patients with metastatic breast cancer at first diagnosis and those with early-stage breast cancer.



The HKBCF actively engages with the community to raise awareness of the threat posed by breast cancer. In addition to participating annually in the Health Expo, this reporting year, the HKBCF set up breast health booths in department stores to attract shoppers and provide them with information on breast health. The HKBCF also sends representatives to various businesses, organisations, schools, and District Health Station Expresses to conduct breast health talks.

We extend heartfelt thanks to our corporate partners, especially Pink Partners and all the individuals, associations, societies and schools who support us.

A vote of thanks is also extended to members of our Advisory Council and Committees, Honorary Advisors, as well as colleagues in our Hong Kong and Kowloon Centres, whose dedication and hard work make all our achievements possible.

Looking ahead, the HKBCF has consistently proposed a three-phase implementation strategy for population-wide breast screening. First, providing screening programme for high-risk women, followed by pilot screening programmes for women at general risk living in low-income areas with low screening rates and high breast cancer stages, and finally, implementing population-wide breast cancer screening to reduce the incidence of new diagnoses and lower mortality rates. Therefore, the HKBCF welcomes the Government's launch of Phase Two of the Breast Cancer Screening Pilot Programme in 2025 and is honoured to be one of the designated service providers, offering subsidised breast cancer screening services to eligible women at high risk of developing breast cancer.

The HKBCF will continue our commitment to breast health education and screening, patient support, research and advocacy. We use "the road" for the cover design of this annual report, symbolising the HKBCF's 20 years of journeying alongside patients and survivors. We also hope to sincerely invite people from all sectors of society to join us in walking together on the path of supporting the breast cancer community. Let us continue to "Journeying together" to fight against breast cancer.

抱負與使命

Vision and Missions



抱負 Our Vision

香港乳癌基金會於 2005 年 3 月 8 日成立，是本港首間專注乳健教育、患者支援、研究及倡議的非牟利慈善組織，致力減低乳癌在本地的威脅。該基金會由香港乳癌基金會有限公司營運。

The Hong Kong Breast Cancer Foundation (HKBCF) was set up on 8 March 2005, as a non-profit charitable organisation dedicated to mitigating the threat of breast cancer to the local community through education, patient support, as well as research and advocacy. The HKBCF is operated by the Hong Kong Breast Cancer Foundation Limited.

使命 Our Missions

-  提高公眾對乳癌的認識及推廣乳房健康的重要性
Promote public awareness of breast cancer and the importance of breast health
-  支援乳癌患者踏上復康之路
Support breast cancer patients on their road to recovery
-  倡議改善本港乳健及乳癌防控和醫護方案
Advocate better breast cancer care in Hong Kong

我們的服務 Our Services

乳健檢查及乳健教育 Breast Screening and Breast Health Education

基金會於 2011 年在香港島開設首間乳健中心，第二間於 2018 年在九龍成立，以提供一站式專業、方便，及可負擔的乳健檢查服務。這些服務包括乳癌風險評估、2D 或 3D 乳房 X 光造影檢查、乳房超聲波檢查、醫生會診及診斷服務。

The HKBCF opened the first Breast Health Centre (BHC) in 2011 on Hong Kong Island and a second centre in 2018 in Kowloon to provide one-stop professional, accessible and affordable breast examination services. These services include breast cancer risk assessment, 2D or 3D mammography screening, breast ultrasound examination, doctor consultation and diagnostic procedures.

乳健中心亦會舉辦乳健講座，並即場提供乳房觸檢服務。

The BHC also organises breast health talks and provides on-site clinical breast examinations.

患者支援 Patient Support

乳癌支援中心由香港乳癌基金會營運，致力為乳癌患者、康復者及其家人和照顧者，提供全面支援服務。服務範圍包括提供個別輔導、支援小組、治療前及後提供乳癌資訊及諮詢服務、淋巴水腫護理服務、藥物資助計劃、假髮、義乳、胸圍及繃帶送贈計劃，以及義工服務。

The Breast Cancer Support Centre (BCSC) operated by the HKBCF is committed to providing comprehensive support services to breast cancer patients and survivors, as well as their family members and caretakers. Such services range from individual counselling, support groups, provision of breast cancer information and consultation during pre- and post-treatment, lymphoedema care, drug assistance programme, supply of free wig, prosthetic bra and bandage, as well as volunteer services.

研究與倡議 Research and Advocacy

香港乳癌資料庫於 2007 年成立，透過搜集本地乳癌病例數據，有助研究更適合香港乳癌情況的治療方案及醫療政策。

The HKBCF established the Hong Kong Breast Cancer Registry (HKBCR) in 2007 to collect local breast cancer patients' data to facilitate the development of treatment options and healthcare policies best suited to the breast cancer situation in Hong Kong.

自 2017 年起，基金會擴大其研究工作範圍，並將研究團隊整合為乳癌研究中心。除了自行進行研究外，中心亦與不同的研究機構合作，進行與乳癌有關的研究項目。

The HKBCF has expanded the scope of its research work since and also organised the research unit as the Breast Cancer Research Centre (BCRC) in 2017. The BCRC now collaborates with other research agencies and institutions to conduct relevant breast cancer studies, in addition to undertaking self-initiated research projects.

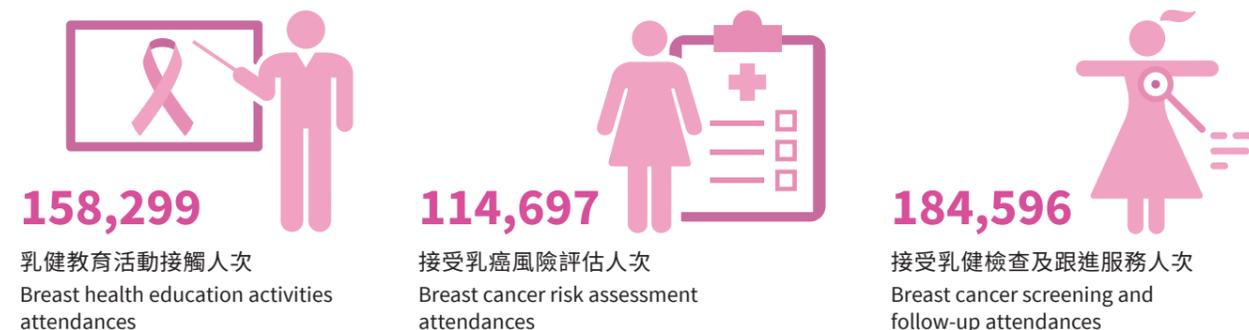
香港乳癌基金會有限公司，根據香港《稅務條例》第 88 條獲豁免繳稅的慈善機構。
Hong Kong Breast Cancer Foundation Limited is a recognised charitable institution in Hong Kong, exempt from tax under Section 88 of the Inland Revenue Ordinance.

服務成果回顧

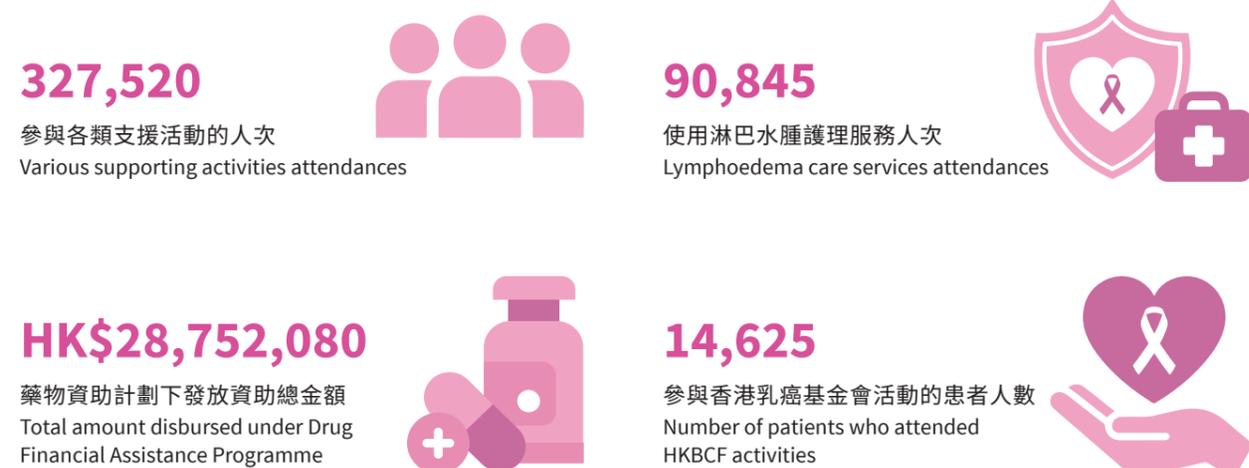
Service Highlights *



乳健檢查及教育 Breast Health Screening and Education



患者支援 Patient Support



香港乳癌資料庫 Hong Kong Breast Cancer Registry



* 截至 2025 年 6 月 30 日 As of 30 June 2025

二十年來的里程碑

Milestones over 20 Years



起步期 Development

2005-2006

- ◆ 於 2005 年 3 月 8 日成立香港乳癌基金會
HKBCF established on 8 March 2005
- ◆ 舉行首個關注乳癌的步行籌款活動
Held first breast health fundraising walkathon

2006-2007

- ◆ 發表有關香港婦女對乳癌檢查的意識及習慣的調查結果
Published survey results on Hong Kong women's perception and awareness of breast cancer risks and breast examination behaviour

2007-2008

- ◆ 成立香港乳癌資料庫
Established Hong Kong Breast Cancer Registry (HKBCR)
- ◆ 推出粉紅絲帶夥伴計劃
Launched Pink Ribbon Partners Programme

2008-2009

- ◆ 推出乳房 X 光造影檢查資助計劃
Launched Mammography Screening Financial Assistance Programme
- ◆ 推出乳癌藥物資助計劃
Launched Breast Cancer Drugs Financial Assistance Programme

2009-2010

- ◆ 香港乳癌資料庫發表首份研究報告《香港乳癌實況 2008 報告》
HKBCR published first research report: "Breast Cancer Facts in Hong Kong 2008"
- ◆ 與香港中文大學合辦「第一屆科學會議」
Co-organised the "1st Breast Cancer Conference" with The Chinese University of Hong Kong

2005
|
2010

2010
|
2015

鞏固期 Consolidation

2010-2011

- ◆ 於香港島設立首間社區乳健中心
Opened first community-based Breast Health Centre on Hong Kong Island
- ◆ 基金會成為香港首間提供淋巴水腫指數測量服務的非牟利機構
Became first NGO in Hong Kong to offer lymphoedema index measurement service

2011-2012

- ◆ 香港乳癌資料庫團隊出席第 33 屆國際癌症資料庫協會周年大會
HKBCR team participated in 33rd International Association of Cancer Registries (IACR) Annual Meeting

2012-2013

- ◆ 將每年五月定為「乳癌康復月」
Officially dedicated the month of May each year as "Breast Cancer Survivorship Month"
- ◆ 首次就行政長官施政報告提交乳癌篩查意見書
Presented the first submission on breast cancer screening for Chief Executive Policy Address

2013-2014

- ◆ 推出香港首個乳癌風險評估服務
Launched Hong Kong's first breast cancer risk assessment service

2014-2015

- ◆ 舉行「Pink Sunset」答謝善長慶祝晚宴為基金會 10 周年揭幕
Held "Pink Sunset" donor-recognition celebration dinner to unveil HKBCF's 10th Anniversary

2015
|
Now

持續發展 Sustainability

2015-2016

- ◆ 與香港乳癌研究組合辦「第二屆亞洲晚期乳癌交流會」
Co-hosted "Second Asian Advanced Breast Cancer Exchange Forum" with Hong Kong Breast Oncology Group

2016-2017

- ◆ 香港乳癌基金會賽馬會乳健中心（九龍）舉行動土儀式
Held ground-breaking ceremony of HKBCF Jockey Club Breast Health Centre (Kowloon)
- ◆ 推出假髮、義乳和胸圍，及壓力繃帶送贈計劃
Launched Free Wig, Prosthetic and Bra, and Bandage Giving Programme

2017-2018

- ◆ 於 2018 年 3 月 8 日成立香港乳癌基金會賽馬會乳健中心（九龍）
Officially opened HKBCF Jockey Club Breast Health Centre (Kowloon) on 8 March 2018
- ◆ 將基金會屬下的研究團隊整合為乳癌研究中心
Organised its research unit as the Hong Kong Breast Cancer Research Centre

2018-2019

- ◆ 舉辦首個淋巴水腫治療師培訓課程
Organised first lymphoedema therapist training course

2019-2020

- ◆ 推出首個淋巴水腫護理服務資助計劃
Launched first lymphoedema care service assistance programme

2020-2021

- ◆ 由於新冠肺炎疫情，年度慈善籌款活動「乳健同行」改為線上首度進行的「乳健同躍 2020」
The annual signature fundraising event "Pink Walk" was remodelled into the first-ever virtual "Pink Together 2020" due to the COVID-19
- ◆ 賽馬會乳健中心（九龍）首次開辦中醫診所
First Traditional Chinese Medicine Clinic set up at HKBCF Jockey Club Breast Health Centre (Kowloon)

2021-2022

- ◆ 香港特區政府在 2021 年 9 月 6 日起推出以風險為本的乳癌篩查先導計劃，是本會十六年來為減少乳癌威脅的政策倡議的重要里程碑
The HKSAR Government rolled out a risk-based Breast Cancer Screening Pilot Programme on 6 September 2021 to provide screening, a big milestone of mitigating breast cancer policy advocated by the HKBCF over the past 16 years

2022-2023

- ◆ 淋巴水腫護理中心正式開幕
Lymphoedema Care Centre officially opened

2023-2024

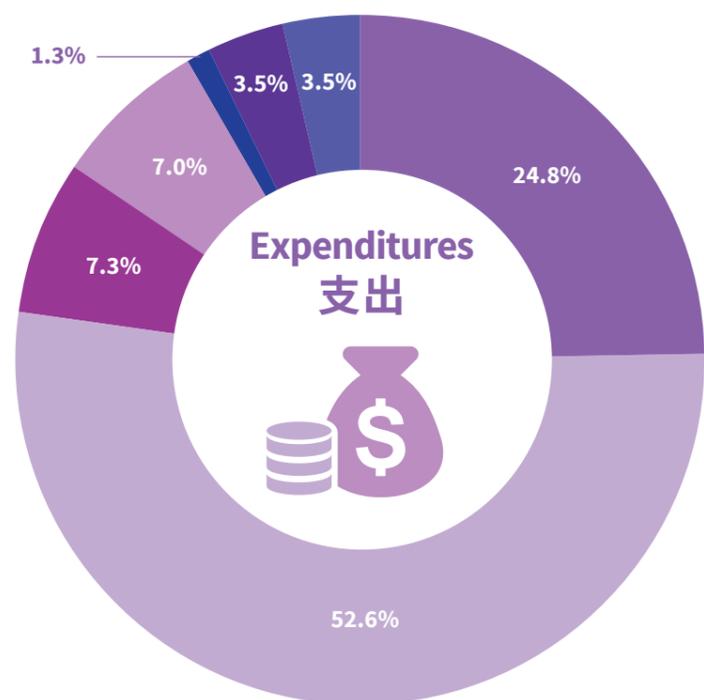
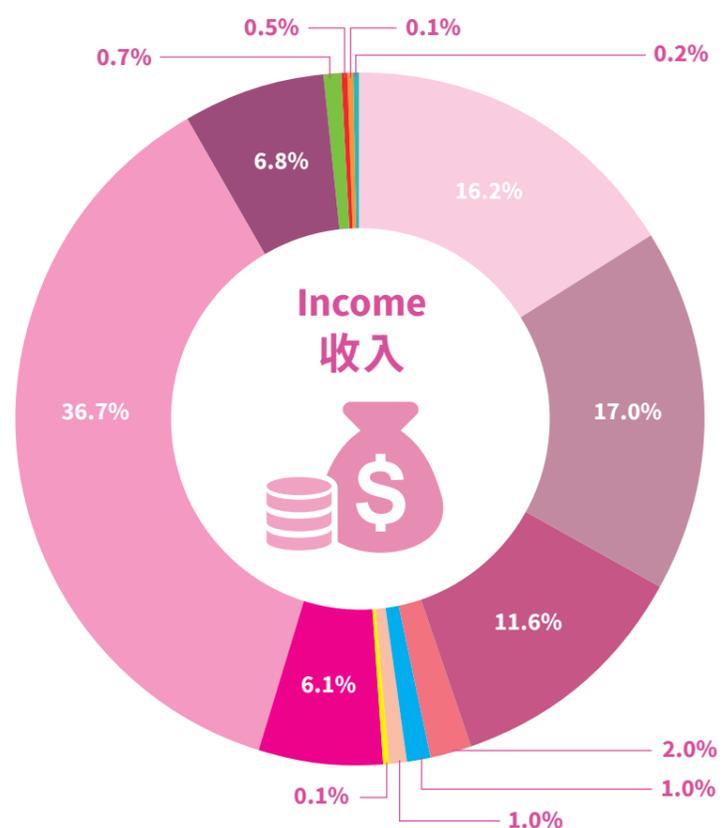
- ◆ 經過三年疫情，年度慈善籌款活動「乳健同行」在 2023 年 10 月 15 日重返山頂舉行
Annual signature fundraising event "Pink Walk" had made a comeback to The Peak on 15 October 2023 after the three-year COVID-19 pandemic

2024-2025

- ◆ 舉行慶祝晚宴，慶祝基金會成立 20 周年
Held Gala Dinner to celebrate HKBCF's 20th Anniversary

財務摘要 Financial Highlights

收支摘要 Income and Expenditure Summary



上述財務摘要來自香港乳癌基金會截至 2025 年 6 月 30 日經由天職香港會計師事務所有限公司審核的年度財務報表，該財務報表並可於香港乳癌基金會辦事處供查閱。

天職香港會計師事務所有限公司已就該財務報表發出無保留意見的審計報告，並且沒有在報告中提及任何需要強調但不影響其報告的事項報告；亦不包含根據香港公司條例第 406(2)、407(2) 或 (3) 條作出的聲明。

The above financial highlights are extracted from the financial statements of the HKBCF for the year ended 30 June 2025 which have been audited by Baker Tilly Hong Kong Limited and are available for inspection at the office of the HKBCF.

Baker Tilly Hong Kong Limited has provided an unqualified report on those financial statements and did not include a reference to any matters to which they need to draw attention by way of emphasis without qualifying their reports; and did not contain a statement under sections 406(2), 407(2) or (3) of the Hong Kong Companies Ordinance.

收入 Income

	2024/25 港幣 HK\$'000		2023/24 港幣 HK\$'000	
捐款 Donations	11,148	16.2%	15,106	23.5%
20 周年籌款項目 Funds raised from 20th Anniversary Campaign	11,689	17.0%	-	0.0%
九龍中心籌款項目 Funds raised from Kowloon Centre Fundraising Campaign	-	0.0%	500	0.8%
其他籌款活動 Other Fundraising Events	7,984	11.6%	7,884	12.2%
公益金撥款 The Community Chest of Hong Kong	1,398	2.0%	1,678	2.6%
香港交易所慈善夥伴計劃 HKEX Charity Partnership Programme	720	1.0%	802	1.2%
滙豐 150 週年慈善計劃 HSBC 150th Anniversary Charity Programme	-	0.0%	166	0.3%
華人永遠墳場管理委員會 The Board of Management of The Chinese Permanent Cemeteries	712	1.0%	66	0.1%
滙豐銀行慈善基金 The Hongkong Bank Foundation	36	0.1%	3,755	5.8%
香港賽馬會慈善信託基金 The Hong Kong Jockey Club Charities Trust	4,167	6.1%	6,434	10.0%
悟宿基金會有限公司 Providence Foundation Limited	-	0.0%	123	0.2%
服務收入 Service Income	25,283	36.7%	22,160	34.4%
利息收入 Interest Income	4,675	6.8%	4,848	7.5%
慈善義賣及治療用品銷售 Charity Sales and Product Sales	487	0.7%	519	0.8%
其他收入 Other Income	309	0.5%	336	0.5%
股息收入 Dividend Income	94	0.1%	50	0.1%
外匯兌換收益 Foreign Exchange Gain	138	0.2%	-	0.0%
總收入 Total Income	68,840	100.0%	64,427	100.0%

支出 Expenditures

乳癌支援中心 Breast Cancer Support Centre	14,398	24.8%	12,578	24.3%
乳健中心 Breast Health Centre	30,482	52.6%	26,122	50.5%
教育與傳訊 Public Education & Communication	4,251	7.3%	3,240	6.3%
乳癌研究中心 Breast Cancer Research Centre	4,064	7.0%	3,842	7.4%
籌款成本 Fundraising Costs	759	1.3%	698	1.4%
行政成本 Administrative Costs	2,037	3.5%	2,415	4.7%
外匯兌換損失 Foreign Exchange Loss	-	0.0%	430	0.8%
折舊及攤銷 Depreciation & Amortisation	2,030	3.5%	2,385	4.6%
總支出 Total Expenditure	58,021	100%	51,710	100%

年度盈餘 Surplus for the year

10,819

12,717

機構管治

Corporate Governance



以病人為本 Patient Centricity

香港乳癌基金會（基金會）一直以病人及其家屬的需要為核心。我們的乳健中心及乳癌支援中心提供乳房 X 光造影檢查、淋巴水腫護理及輔導支援等服務，並以專業和關懷的態度照顧每一位患者、康復者及照顧者。為確保服務方向符合社群需要，基金會成立了乳健中心顧問委員會及乳癌支援中心委員會，負責制定策略、監察進展並適時檢討，確保服務持續專業及有效。

Hong Kong Breast Cancer Foundation (HKBCF) places patients and their families at the centre of its mission. The Breast Health Centre and Breast Cancer Support Centre provide mammography screening, lymphoedema care, and counselling services, delivered with professionalism and compassion. To ensure services remain responsive, the Foundation has established the Breast Health Centre Advisory Committee and the Breast Cancer Support Centre Committee. These bodies set strategies, monitor progress, and conduct timely reviews to guarantee that services are professional and effective.

高度負責任的團隊 Responsible for Staff

基金會高度重視員工，並為員工、服務使用者及訪客提供安全、健康及優質的工作環境。所有管理層及員工均受《行為守則》規範，該守則清楚列明在提供服務及履行職責時必須遵守的道德及專業原則。守則已於基金會網頁及員工手冊刊載，並透過定期培訓加深員工理解。不遵守守則者將面臨紀律處分。

HKBCF values its employees and ensures a safe, healthy, and high-quality workplace for staff, service users, and visitors. All management and staff are bound by a Code of Conduct, which sets out clear ethical and professional obligations. The Code is published on the HKBCF website and included in the Employee Handbook. Regular training reinforces understanding, and disciplinary measures are applied in cases of non-compliance.

內部監控 Internal Control

我們強調每位員工都是內部監控系統的重要一環。基金會的制度設有制衡機制，避免任何一方壟斷交易或隱瞞不當行為。授權清晰傳達，批核均有記錄，以確保透明度及問責性。

Every employee is considered part of HKBCF's internal control system. Checks and balances are built in to prevent monopolisation of transactions or concealment of irregularities. Delegation of authority is clearly communicated, and approvals are documented to ensure transparency and accountability.

外部審計 External Audit

2024/25 年度財務報表已由審核委員會審閱，並由獨立外部審計師天職香港會計師事務所有限公司審計。部分特定捐款亦由捐助者委任的審計公司審核，所有報告均確認基金會遵守協議要求。審核委員會在財務報告、風險管理、內部監控及合規方面扮演重要角色，6 名成員中有 4 位為註冊會計師，並獨立於管治委員會。

The audited financial statements for 2024/25 were reviewed by the Audit Committee and audited by Baker Tilly Hong Kong Limited. Certain major donations were also audited by donor-appointed firms, with all reports confirming compliance. The Audit Committee plays a key role in financial reporting, risk management, internal controls, and compliance. All six members are independent of the Management Committee, and four are Certified Public Accountants.

管治委員會 Management Committee

截至 2025 年 6 月 30 日，管治委員會由 13 名成員組成，包括 9 名女性及 4 名男性，來自醫療、財務、法律、公共事務及管治等專業。成員需投入足夠時間並申報利益衝突，必要時退出相關討論。管治委員會由顧問理事會及多個專責委員會支援，確保基金會事務得到全面監督。

As of 30 June 2025, the Management Committee comprised 13 members, nine women and four men, representing diverse expertise in medicine, finance, law, public affairs, and governance. Members devote sufficient time and declare conflicts of interest, withdrawing from discussions when necessary. The Committee is supported by an Advisory Council and several sub-committees, ensuring comprehensive oversight of HKBCF's affairs.

愛護環境 Caring for the Environment

基金會致力推動環保，透過綠色辦公室措施減少碳足印，包括節能、減紙及回收計劃。於報告年度內，基金會再次獲認證為「香港綠色機構」。此外，在「乳健同行 2024」活動中，基金會與本地環保團體「綠惜地球」合作，推廣回收及鼓勵使用可重用樽。

HKBCF is committed to environmental sustainability, implementing Green Office practices to reduce its carbon footprint through energy conservation, paper reduction, and recycling. During the reporting year, HKBCF was again recognised as a Hong Kong Green Organisation. At "Pink Walk 2024," the Foundation collaborated with a local environmental organisation The Green Earth to promote recycling and encourage the use of reusable bottles.

社會責任 Social Responsibility

作為使命驅動的非牟利機構，基金會秉持共融、透明及社區參與的原則，為員工、服務使用者、義工及受惠人士提供安全、尊重及具賦權性的環境，並支持促進社會公平與福祉的倡議。

As a mission-driven non-profit organisation, HKBCF upholds inclusiveness, transparency, and community engagement. It provides a safe, respectful, and empowering environment for employees, service users, volunteers, and beneficiaries, while supporting initiatives that promote social equity and well-being.

管治及展望 Governance and Looking Ahead

憑藉經驗與資源，基金會承諾持續優化管治架構，維持最高標準的問責性、誠信及道德操守，並採納新政策以符合不斷演變的環境、社會和管治（ESG）要求及最佳實務。

Leveraging its experience and resources, HKBCF remains committed to strengthening its governance framework. It upholds accountability, integrity, and ethical conduct, adopting new policies where appropriate to align with evolving Environmental, Social and Governance (ESG) standards and best practices.

有關上述資料，請掃描二維碼查閱基金會網頁「章程細則與政策」。

For more information, please scan QR code for viewing the HKBCF webpage "Articles & Policies".



章程細則與政策
中文版



Articles & Policies
English version



年度特寫

Feature of the Year

二十周年晚宴 20th Anniversary Gala Dinner

為慶祝香港乳癌基金會（基金會）成立二十周年，基金會於 2025 年展開一連串慶祝活動，當中 5 月 18 日舉行的二十周年晚宴是一大亮點。約 600 位社會賢達及各界領袖於當天晚上假香港麗晶酒店聚首，共襄善舉。晚宴所籌得的善款，用於支援乳癌患者及推動乳健教育的工作。

晚宴以「乳你前行」為主題，代表基金會 20 年來與患者及康復者同行的堅定信念。會場以無數粉紅蝴蝶裝飾翩然點綴，象徵向所有在對抗乳癌路上展現出堅韌精神與勇氣的女性致敬。

基金會主席霍何綺華博士說：「為乳癌患者帶來希望，是基金會 20 年來的信念和堅持。在未來的日子，基金會的工作重點，是繼續推廣乳健資訊、陪伴姊妹走抗癌路，並倡議全民乳癌篩查。」

基金會創會人張淑儀醫生表示：「衷心感謝出席是次晚宴的歷屆主席、管理委員會創會成員，她們為基金會奠定堅實基礎，讓基金會得以發展。感謝在場所有醫生和同僚，對基金會的堅定支持，以及對香港乳癌資料庫和患者支援服務的貢獻。同時，感謝我們的贊助人、顧問、捐助者、義工和支持者，正因為有你們的幫助，基金會才得以在促進香港女性的乳房健康和乳癌護理方面取得成就。最後，我感謝陪伴我成長的香港大學校友、崇德社社員、密歇根大學校友及羅格爾癌症中心主席的支持。」

民政及青年事務局局长麥美娟致辭時說：「感謝基金會在 20 年來為無數女性點亮希望之光，讓我們可以攜手並肩，繼續為女性的福祉努力，讓粉紅力量傳遍香江。」



The Hong Kong Breast Cancer Foundation (HKBCF) commemorated its 20th anniversary in 2025 with a series of celebratory events, the highlight being the 20th Anniversary Gala Dinner. On 18 May 2025, the HKBCF held the Gala Dinner at the Regent Hong Kong, with around 600 distinguished guests and leaders from various sectors attending to show their support. The funds raised from the Gala Dinner will be used to support breast cancer patients and promote breast health.

The Gala, themed "Journeying Together", depicts the HKBCF's unwavering dedication to accompanying patients and survivors on their path to recovery. Adorned throughout the Gala ballroom were arrays of beautiful pink butterflies to honour all the women who have demonstrated resilience and courage in their fight against breast cancer.

Addressing the Gala, Dr. Eliza Fok, Chairman of the HKBCF, said, "One of the core missions of the HKBCF is to bring hope to breast cancer patients. Despite all the challenges we faced over the past two decades, our commitment and perseverance remain steadfast."

Dr. Polly Cheung, Founder of the HKBCF, also addressed the Gala. She said, "I expressed my heartfelt gratitude to all past chairpersons, and the first founding Management Committee members present at this gala, for their contribution in laying a solid foundation for HKBCF to build on and develop. To all the doctors and colleagues present for their solid support to HKBCF and contribution to the growth of our Hong Kong Breast Cancer Registry and patient support services. To our patron, advisors, donors, volunteers and supporters, without which HKBCF will not have the achievements in contributing to the breast health and breast cancer care to women in Hong Kong. Lastly, I extend my thanks to my fellow alumni from the University of Hong Kong, members of the Zonta Club, my peers from the University of Michigan, and the Chairman of the Rogel Cancer Center for their support throughout my growth."

The Hon Alice Mak Mei Kuen, SBS, JP, Secretary for Home and Youth Affairs, one of the Guests of Honour, thanked the HKBCF for illuminating the light of hope for countless women over the past 20 years. She said, "Let's continue working hand in hand for the well-being of women and spreading the pink power throughout Hong Kong."



基金會感謝一眾主禮嘉賓出席支持，包括民政及青年事務局局长麥美娟女士，SBS，JP、行政會議成員及前香港乳癌基金會名譽贊助人高永文醫生，GBS，JP、醫院管理局主席范鴻齡先生，SBS，JP、醫務衛生局基層醫療健康專員彭飛舟醫生、香港乳癌基金會贊助人梁紹鴻博士及香港公益金入會、預算及分配委員會主席楊傳亮先生，SBS，JP 等。

基金會亦感謝二十周年晚宴的籌務委員會，令活動得以盛大舉行。此外，基金會亦對所有在拍賣環節上慷慨競標和捐款的人士，以及提供拍賣品的捐贈者深表感激。



晚宴上邀得弘立武術隊表演中國武術，行政會議成員鄭慕智博士，GBM，GBS，JP，加上歌手 JW 王灝兒，以及基金會大使李樂詩女士和陳美齡女士，獻上歌聲助興。兩位基金會大使分享對抗乳癌及康復經歷，提醒婦女定期接受乳健檢查。



The HKBCF would like to express gratitude to all the Guests of Honour for their presence. They included The Hon Alice Mak Mei Kuen, SBS, JP, Secretary for Home and Youth Affairs; Dr. the Hon Ko Wing Man, GBS, JP, Member of Executive Council and Former Honorary Patron of the HKBCF; Mr. Henry Fan Hung Ling, SBS, JP, Chairman of the Hospital Authority; Dr. Pang Fei Chau, Commissioner for Primary Healthcare, Health Bureau; Dr. Edwin Leong Siu Hung, Patron of the HKBCF; and Mr. Charles Yang Chuen Liang, SBS, JP, Chairman of Admissions, Budgets and Allocations Committee of The Community Chest.

We extend special thanks to the organising committee for the 20th Anniversary Gala dinner, whose hard work rendered the event a great success. In addition, we are deeply grateful to all the donors who made generous biddings and donations at the auction and those who donated items for the auction.



The Gala Dinner was elevated by the captivating Chinese martial arts by the ISF Wushu Team and singing performances of special guests, including Dr. the Hon Moses Cheng Mo Chi, GBM, GBS, JP, Member of Executive Council, and renowned pop singer JW Wong Ho Yee, and HKBCF ambassadors Ms. Joyce Lee and Ms. Agnes Chan. Both ambassadors shared their experiences of fighting breast cancer and recovery, reminding women to undergo regular breast screenings.

二十周年紀念版圍巾及環保袋 20th Anniversary Stole and Tote Bag

基金會推出 20 周年紀念版圍巾「乳你綻放」，一朵朵盛放的花朵，象徵著愛、希望和勇氣，亦代表著基金會在過去 20 年來，與乳癌患者及其家人一路同行，助他們綻放色彩的承諾。同時，基金會亦推出二十周年環保袋，印有 Christina 小朋友繪畫的多個運動人像，鼓勵大家多做運動。



The HKBCF is excited to introduce the 20th Anniversary Stole – In Bloom Together. This beautiful stole features vibrant and blooming flowers, which symbolise love, hope, and courage. It also represents our unwavering commitment to standing alongside breast cancer patients and their families over the past two decades. The HKBCF has also launched the 20th Anniversary Tote Bag, featuring various sports figures illustrated by Ms. Christina, encouraging everyone to stay active and exercise more.

基金會喜訊 Good News of HKBCF

基金會創會人張淑儀醫生聯同志同道合的乳癌康復者及醫護人員，於 2005 年創立基金會，一直為乳癌患者提供全方位支援。張醫生於 2025 年 1 月 11 日獲香港紅十字會頒發「香港人道年獎 2024」，表揚其對人道工作的付出及傑出貢獻。

張醫生在台上感謝各位贊助人及支持者，令基金會得以服務社會 20 年。她將會與基金會繼續留意本港乳癌防治的發展，着手於社區深化乳癌支援服務，並繼續推動本港全民乳癌篩查。

Dr. Polly Cheung, Founder of the HKBCF, set up the HKBCF in 2005 together with like-minded individuals, with the aim of supporting breast cancer patients in a holistic manner. On 11 January 2025, she was awarded the Hong Kong Humanity Award 2024, organised by the Hong Kong Red Cross, in recognition of her dedication and outstanding contributions to humanitarian work.

During the award presentation ceremony, Dr. Cheung expressed her gratitude to all the sponsors and supporters of the HKBCF. She pointed out that their contributions have enabled the HKBCF to serve the community for 20 years. In the future, she will continue to monitor the development of breast cancer control in Hong Kong, focusing on enhancing breast cancer support services and promoting population-wide screening.

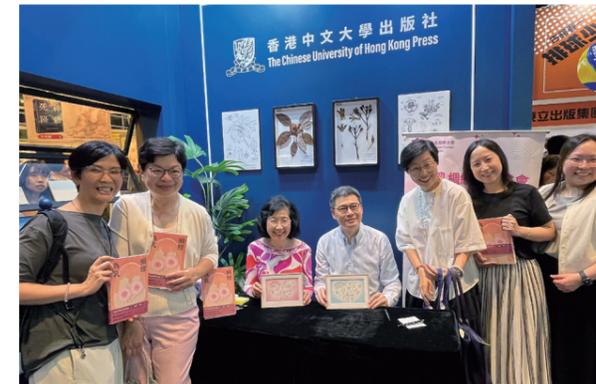


積極走進社區 Community Engagement

香港乳癌基金會一直致力走進社區，積極提高公眾對乳癌的認識，及鼓勵大家定期接受乳健檢查。

The Hong Kong Breast Cancer Foundation (HKBCF) has been dedicated to engaging with the community, actively raising public awareness about breast cancer and encouraging everyone to undergo regular breast screenings.

《為乳網繆》新書發布簽書會 Book Launch and Signing Event



基金會創會人張淑儀醫生和基金會乳健中心顧問委員會主席熊維嘉醫生，聯手著作新書《為乳網繆》並於 2024 年 7 月 21 日香港書展會場內舉行簽書會。新書《為乳網繆》以專業角度解構乳癌十大成因和預防方法，深入淺出，適合著重健康的都市人逐一細閱每個章節。



Dr. Polly Cheung, Founder of the HKBCF, and Dr. Hung Wai-ka, Chairman of the HKBCF's Breast Health Centre Advisory Committee, held a book signing event at the Book Fair 2024 on 21 July. From a professional perspective, the book analyses the top ten causes of breast cancer and preventive methods in an easy to understand, suitable for health-conscious urban dwellers.

參與「健康躍動嘉年華」 Take Part in Healthy Dynamic Carnival

基金會獲九龍樂善堂邀請，參與由九龍城地區康健站和油尖旺地區康健站聯合主辦的「健康躍動嘉年華」，於 2024 年 8 月 31 日至 9 月 1 日期間擺設乳健攤位。

基金會創會人張淑儀醫生出席該活動時表示，八成香港婦女無定期做乳房 X 光造影篩查，地區康健中心可向市民宣傳更多正確健康資訊及呼籲定期接受乳健檢查。



HKBCF was invited by The Lok Sin Tong Benevolent Society, Kowloon to participate in the "Healthy Dynamic Carnival", co-hosted by Kowloon City DHC Express and Yau Tsim Mong DHC Express. The event took place from 31 August to 1 September, 2024, where the HKBCF set up a breast health booth.

During the event, Dr. Polly Cheung, Founder of the HKBCF, noted that 80% of women in Hong Kong do not undergo regular breast screenings. She emphasized that community health centres can promote accurate health information and encourage citizens to do regular breast screenings.



於健康博覽設展位及舉行講座 Breast Health Booth and Talk at Health Expo



基金會於2025年6月13至15日參與一連三日的「健康博覽」，讓大眾了解更多乳健資訊，並與市民交流和互動。

基金會乳健中心放射科專科醫生鄧永健醫生於6月13日在「健康博覽」場內，為公眾講解乳房造影檢查新資訊，例如人工智能如何有效提升癌症偵測率並優化工作流程，讓大家對乳房檢查有更清楚的認識。



The HKBCF participated in a three-day Health Expo from 13 - 15 June 2025, with the aim of delivering more information about breast health and engaging with the public.

Dr. Joseph Tang, Specialist in Radiology of the HKBCF Breast Health Centre, shared updates in breast imaging on 13 June at the Health Expo. He explained how artificial intelligence can effectively enhance cancer detection rates and optimise workflows, providing everyone with a clearer understanding of breast examinations.

於永旺(香港)百貨有限公司擺設乳健攤位 Breast Health Booths at AEON shops



基金會有幸獲選為永旺(香港)百貨有限公司第二十五屆「幸福的黃色小票」活動的受惠團體之一。在2024年8月11日至2025年1月11日期間的每月11日，基金會先後到永旺(香港)百貨的黃埔、荃灣、康怡、九龍城、尖沙咀、將軍澳等分店，擺設乳健攤位，向大眾推廣乳健資訊。同日，消費者購物後將黃色收據投入店內的基金會收集箱，永旺(香港)百貨將捐出有關收據總金額的1%，以物品形式捐贈予基金會。

The HKBCF has been honoured to be selected as one of the beneficiary organisations for AEON "Happy Yellow Receipt campaign" Phase 25, which was organized by AEON (Hong Kong) Co., Ltd. From August 2024 to January 2025, on the 11th of each month, the HKBCF set up breast health booths at various AEON stores, including Whampoa, Tsuen Wan, Kornhill, Kowloon City, Tsim Sha Tsui, and Tseung Kwan O, to promote breast health information to the public. On the same day, consumers dropped their yellow receipts into the HKBCF's collection box in the stores after shopping. AEON (Hong Kong) will donate 1% of the total amount of the receipts collected to the HKBCF in the form of goods.

定期舉行乳健講座 Regular Breast Health Seminars

基金會乳健中心派員到各學校、機構及企業，包括大光德萃書院、九龍城地區康健站、Ralph Lauren等，舉辦了42場乳健教育講座、研討會及工作坊，講解乳癌的威脅及宣傳定期接受乳健檢查，參與以上活動總人次超過6,000。基金會乳癌支援中心則每月邀請不同醫學專業人士，講解與乳癌相關的題材。

The HKBCF's Breast Health Centre has organised 42 breast health education talks, seminars and workshops at various schools, institutions, and businesses, including Tai Kwong Hilary College, Kowloon City District Health Centre Express, and Ralph Lauren. These events addressed the threats of breast cancer and promoted the importance of regular breast screenings, reaching over 6,000 participants in total. Additionally, the HKBCF's Breast Cancer Support Centre invites different medical professionals each month to discuss topics related to breast cancer.



患者支援 Patient Support

香港乳癌基金會(基金會)乳癌支援中心為乳癌患者及家人提供情緒、資訊及經濟等方面的支援，與乳癌患者及康復者同行。

The Breast Cancer Support Centre (BCSC) of the Hong Kong Breast Cancer Foundation (HKBCF) provides emotional, informational and financial support for and stay alongside breast cancer patients and their families.

乳癌患者及康復者活動亮點 Major Activities for Patients and Survivors



「乳你前行 20載」- 香港乳癌基金會周年會員聚餐 2025 Journeying Together 20 Years - HKBCF Annual Members' Gathering 2025

2025年3月8日是基金會成立20周年的大日子，基金會舉行周年會員聚餐，基金會主席霍何綺華博士和基金會創會人張淑儀醫生，聯同基金會大使李樂詩女士和朱千雪女士、基金會各委員會成員，與近300位乳癌患者、康復者及其親友聚首一堂，同賀會慶。

今年的主題為「Together We Empower」，代表着基金會20年來與乳癌患者及康復者同行的信念，成為彼此希望的力量。未來，基金會將繼續保持初心，乳你前行。

The date 8 March 2025 marked the 20th anniversary of the HKBCF. To celebrate this significant milestone, the HKBCF held the Annual Members' Gathering. Dr. Eliza Fok, Chairman of the HKBCF, and Dr. Polly Cheung, Founder of the HKBCF, together with HKBCF ambassadors Ms. Joyce Lee and Ms. Tracy Chu, members of the HKBCF committees, as well as some 300 breast cancer patients, survivors, and their families and friends attended this special celebration.

This year's theme, "Together We Empower," embodies HKBCF's mission of supporting breast cancer patients and survivors over the past 20 years and becoming a source of hope and strength for one another. Moving forward, we will continue to uphold this shared belief and continue our journey ahead together.



「亮麗人生日營」 “Beautiful Life Day Camp”

基金會在 2025 年 5 月 31 日「乳癌康復月」的最後一天，成功舉辦亮麗人生日營，以「相聚」為主題，讓眾多基金會乳癌支援中心會員相聚，一起聽乳健講座、做護脊運動、玩遊戲及藝術創作，度過了一個愉快的週末。

On 31 May 2025, the last day of the Month of Breast Cancer Survivorship, the HKBCF successfully held the “Togetherness” Survivors’ Camp, attending BCSC members found this weekend camp most delightful. They joined breast health talks, did spine care exercises, and enjoyed various games and artistic activities.



下午茶暢聚 Afternoon Tea Gathering

基金會獲得 Trip.com 的贊助，讓約 50 位基金會乳癌支援中心會員分別在 2024 年 9 月及 2024 年 12 月，於香港麗思卡爾頓酒店以及帝樂文娜公館享用下午茶，暢談抗病經歷，並與基金會管治委員會成員鄭茜女士和乳癌支援中心委員會成員陳潔瑩女士交流。

The HKBCF had received sponsorship from Trip.com which enabled about 50 BCSC members, to enjoy an afternoon at The Ritz-Carlton, Hong Kong, and FINDS, The Luxe Manor respectively. Over exquisite afternoon tea, they shared their journeys in the fight against breast cancer with each other, and with Ms. Sharon Cheng, HKBCF Management Committee Member, and Mrs. Margaret Chan-Thorp, BCSC Committee Member.



義工服務 Volunteer Services

基金會義工嘉許禮 2024 The HKBCF Volunteer Recognition Award Ceremony 2024

為答謝及表揚義工們的無私付出，基金會於 2025 年 3 月 8 日周年會員聚餐期間，舉行義工嘉許禮，向 30 位義工頒發「義務導師」感謝狀及「十大」義工獎，同時頒發十年、五年、三年義工服務獎。基金會感謝義工們一直以來對乳癌社群的付出及貢獻，並鼓勵將這份愛及關懷代代傳承。

In recognition of the dedication of volunteers to their work, the HKBCF held the Volunteer Recognition Award Ceremony on 8 March 2025. During the event, certificates of appreciation for “Volunteer Tutors” and “Top Ten” Volunteer Awards were presented to 30 volunteers, along with awards for 10, five, and three years of service. The HKBCF appreciates the continuous dedication and contributions of the volunteers to the breast cancer community, and encouraged them to pass on this love and care to future generations.



乳癌支援中心會員積極參與各項的義工服務，施展一己所長回饋社會，包括參與「愛伴行大使」計劃、健康博覽攤位、商店乳健教育攤位、每月定期醫學講座、在年度步行籌款活動「乳健同行」上帶來歌舞表演、繪製心意卡等。

BCSC members actively participate in various volunteer services, using their skills to give back to the community. Their contributions include involvement in the Patient Navigation Programme “Love Companion”, breast health booth at the Health Expo, breast educational booths in AEON stores, monthly health talks, the stage performance at Pink Walk, and creating heartfelt cards, among other activities.

資助計劃 Financial Assistance Programmes

「免疫治療藥物資助計劃」第二階段 Immunotherapy Drug Financial Assistance Programme Phase II

基金會自 2023 年 11 月起推出「免疫治療藥物資助計劃」，至今共有 150 多位病人受惠，總資助金額超過 2,000 萬港元。鑑於三陰性乳癌患者對免疫治療的殷切需要，基金會於 2025 年 4 月 28 日公布，就該計劃推出第二階段，至 2025 年 10 月預計會有額外 100 名早期三陰性乳癌患者受惠。

香港乳癌基金會管治委員會副主席及臨床腫瘤科醫生邱振中醫生解釋：「第 II 及 III 期的早期三陰性乳癌患者，可利用免疫治療結合化療作為術前治療或術後輔助治療，提升治療效果。」



The HKBCF launched the “Immunotherapy Drug Financial Assistance Programme” in November 2023, which has since benefited over 150 patients, with total funding exceeding HK\$20 million. In light of the urgent need for immunotherapy among early-stage triple-negative breast cancer (TNBC) patients, the HKBCF launched the Drug Financial Assistance Programme phase II between 28 April 2025 and October 2025. Anticipating an additional 100 early-stage TNBC patients would receive support under the programme.

According to Dr. Yau Chun Chung, Vice Chairman of the HKBCF and Specialist in Clinical Oncology, early-stage TNBC patients with stage II and III can utilize immunotherapy combined with chemotherapy as neoadjuvant treatment or adjuvant therapy to enhance treatment efficacy.

早期乳癌藥物資助計劃 Early Breast Cancer Drug Financial Assistance Programme



基金會於 2024 年 7 月 29 日舉行新聞發布會，推出「早期乳癌藥物資助計劃」，減低早期乳癌患者使用新輔助治療的經濟負擔，以及降低其復發風險。

基金會副主席、腫瘤科專科醫生邱振中醫生表示，乳癌患者漸趨年輕化，曾接觸過最年輕患者年僅 16 歲，而年輕女性的癌細胞通常較活躍，乳癌復發機會較高。

The HKBCF held a press conference on 29 July, 2024, to launch the “Early Breast Cancer Drug Financial Assistance Programme”. This programme aims to reduce the financial burden for early-stage breast cancer patients using new adjuvant therapies to lower the risk of recurrence.

Dr. Yau Chun Chung, Vice Chairman of the HKBCF and Specialist in Clinical Oncology, stated that breast cancer patients are becoming increasingly younger, with his youngest patient being only 16 years old. He pointed out that cancer cells in younger women are typically more aggressive, leading to a higher chance of recurrence.

研究與倡議

Research and Advocacy

香港乳癌基金會（基金會）定期發布年度研究報告、舉行醫學講座及研討會，持續呼籲婦女定期接受乳健檢查，並倡議政府推行全民乳癌篩查。

The Hong Kong Breast Cancer Foundation (HKBCF) regularly publishes annual research reports, holds symposiums, and conducts seminars to continuously encourage women to undergo regular breast screenings and advocates for the Government to implement population-wide breast cancer screening.

《香港乳癌資料庫第 16 號報告》：剖析初診擴散性乳癌 精準分期助治療

Announcement of the Hong Kong Breast Cancer Registry Report No. 16: Analyse De Novo Metastatic Breast Cancer, Precise Staging Enhances Treatment

基金會轄下的香港乳癌資料庫於 2024 年 9 月 26 日發表《香港乳癌資料庫第 16 號報告》，剖析初診擴散性乳癌 (de novo metastatic breast cancer, dnMBC) (第 IV 期) 與早期乳癌 (第 I 至 II 期) 兩組患者的情況，發現前者近八成從未接受定期乳房檢查、逾四成從未接受任何乳房檢查；另有較多 dnMBC 患者出現症狀後拖延至超過三個月才求診，反映本港婦女的乳癌意識需要進一步提高。

報告亦採用美國 Plichta 團隊最新預後分期系統，預測患者存活期，有助設計個人化治療策略。基金會創會人及香港乳癌資料庫督導委員會聯席主席張淑儀醫生指出：「本港第 IV 期乳癌個案數目持續上升，其 5 年整體存活率約 55%，遠低於整體乳癌患者存活率（約 95%）。醫生可以透過分期系統進一步精準地分析第 IV 期乳癌患者的風險及存活期，為病人設計個人化的治療策略和方案，改善患者存活，燃點希望。」



The Hong Kong Breast Cancer Registry (HKBCR), run by the HKBCF, launched its 16th annual research report on 26 September 2024. The report aimed to shed light on the comparison between the patients of de novo metastatic breast cancer (dnMBC) (stage IV) and early breast cancer (eBC) (stages I-II). The findings revealed that nearly 80% of dnMBC patients had never undergone regular breast screenings, and 42.2% had never had any breast screenings. Additionally, more patients of dnMBC delayed for more than three months to seek medical consultation after noticing symptoms, which reflects the need to enhance breast health awareness among women in Hong Kong.

The report adopted a new prognostic staging system for patients with dnMBC proposed by Plichta team in the United States to predict patient survival, aiding in the design of personalised treatment strategies. Dr. Polly Cheung, Founder of the HKBCF and Co-Chairman of the HKBCR Steering Committee, said, "The number of stage IV breast cancer cases in Hong Kong continues to rise, with a five-year overall survival rate of approximately 55%, significantly lower than that of the entire breast cancer cohort (about 95%). Doctors can use the staging system to more accurately analyze the risks and survival rates of stage IV breast cancer patients, allowing for personalised management that improves survival and gives hope."



乳癌年度新發展 2024 – 從研究到臨床應用

Annual Breast Cancer Updates 2024 – From Trial to Clinical Practice

基金會於 2024 年 11 月 23 日在香港 JW 萬豪酒店，成功舉辦「乳癌年度新發展 2024 – 從研究到臨床應用」，吸引逾 200 位本地醫療界人士親臨現場及參與線上會議。

當日，海外醫學專家講者 Andrea Barrio 醫生、Peter A. Fasching 教授、Valentina Guarneri 教授、Komal Jhaveri 醫生、Matteo Lambertini 教授、Heather McArthur 教授及 Michael Untch 教授，專程來港到研討會，分享優化乳癌治療結果、乳癌手術的腋窩處理、免疫療法最新應用等方面的研究和觀點。

陳可恩醫生、張淑儀醫生、趙穎欣醫生、熊維嘉醫生、甘冠明醫生、李沛基醫生、顏繼昌教授、吳廷英醫生、宋崧醫生、邱振中醫士、邱宗祥醫生及游子覺醫生，應邀作各場專題的主持，帶領專題討論。而蔡浩強醫生及梁澄宇醫生則共同主持午餐講座。

當晚講座上，許政偉醫生和關永康醫生應邀成為主席，而蔡浩強醫生、郭子熹醫生、梁詩醫生、曾穎茵醫生及楊善如醫生分享個案。

衷心感謝來自不同領域的本地及海外醫學專家講者、主席及聯合主席的鼎力支持，分享最新的乳癌研究及治療方法。同時感謝基金會乳癌支援中心委員會及籌募及傳訊委員會成員陳潔瑩女士擔任大會司儀。有賴各位醫療界人士和學者的參與，以及各贊助商和支持機構的支持，令周年乳癌大會 2024 圓滿舉行，期待 2025 年的周年乳癌大會。



The "Annual Breast Cancer Updates 2024 – From Trial to Clinical Practice" of the HKBCF was held successfully on 23 November 2024. Over 200 local medical professionals attended the event in person or via online Zoom meeting.

During the symposium, overseas speakers including Dr. Andrea Barrio, Prof. Peter A. Fasching, Prof. Valentina Guarneri, Dr. Komal Jhaveri, Prof. Matteo Lambertini, Prof. Heather McArthur and Dr. Michael Untch presented their research and opinions on optimising breast cancer patient treatment outcomes, axillary management in breast cancer surgery, and the latest application of immunotherapy.

To facilitate the panel discussions, Dr. Yolanda Chan, Dr. Polly Cheung, Dr. Joanne Chiu, Dr. Hung Wai Ka, Dr. Michael Kam, Dr. Lawrence Li, Prof. Roger Ngan, Dr. Ng Ting Ying, Dr. Inda Soong, Dr. Yau Chun Chung, Dr. Thomas Yau and Dr. Yau Tsz Kok served as co-chairs. The lunch symposium was co-chaired by Dr. Peter Choi and Dr. Roland Leung.

During the dinner symposium, Dr. Hui Cheng Vai and Dr. Kwan Wing Hong served as Chairpersons while Dr. Peter Choi, Dr. Carol Kwok, Dr. Sheona Leung, Dr. Josephine Tsang and Dr. Yeung Sin Yu shared some breast cancer cases.

We wish to extend our heartfelt gratitude to the local and overseas expert speakers, chairpersons, co-chairs and presenters who provided the latest updates on breast cancer research and treatment. Our special thanks to Mrs. Margaret Chan-Thorp, HKBCF Breast Cancer Support Centre Committee Member and HKBCF Fundraising and Communications Committee Member, for serving as the event emcee. Our heartfelt thanks also go to all the participants, sponsors and supporting organisations. Without their support, the event would not have been as huge a success. We look forward to seeing everyone at our next Annual Breast Cancer Updates in 2025!



季度研究會議 Quarterly Research Meetings

基金會於 2024 年 8 月 6 日舉辦第三季度研究會議，基金會管治委員會成員李沛基醫生擔任會議主席，而許漪雯教授及鄧晴醫生則是講者，探討初診擴散性乳癌，吸引近 50 位來自公營和私營醫療服務的乳癌醫學專業人士參與。

基金會於 2025 年 3 月 31 日舉辦第一季度研究會議，由基金會副主席邱振中醫生及李沛基醫生擔任會議主席，講者則是楊明明教授及勞鈺舫醫生，討論早期乳癌存活狀況。

基金會感謝第一三共及阿斯利康（香港）和諾華香港有限公司，分別支持 2024 年第三季研究會議及 2025 年第一季研究會議。



The HKBCF held the Third Quarterly Research Meeting on 6 August 2024, chaired by Dr. Lawrence Li, HKBCF Management Committee Member. Prof. Rina Hui and Dr. Tang Ching served as speakers, to talk about metastatic breast cancer. About 50 medical professionals from both public and private healthcare attended the meeting.

On 31 March 2025, the HKBCF hosted the First Quarterly Research Meeting, co-chaired by Dr. Yau Chun Chung, Vice Chairman of the HKBCF, and Dr. Lawrence Li. Prof. Winnie Yeo and Dr. Grace Lo were the speakers and they discussed early breast cancer survival outcomes.

The HKBCF is grateful to Daiichi Sankyo & AstraZeneca and Novartis Hong Kong for their generous support of the Third Quarterly Research Meeting in 2024 and the First Quarterly Research Meeting in 2025 respectively.

「乳您同行」醫學講座 2025 Breast Health Symposium 2025

基金會將每年 5 月定為「乳癌康復月」，以一系列活動為乳癌康復者及其家人打氣，並提高大眾對乳健的認知。2025 年 5 月 4 日，基金會在尖沙咀凱悅酒店舉辦「乳您同行」醫學講座 2025，並於線上線下同步舉行，吸引逾百人參加。

衷心感謝歐國賢博士、陳冬青醫生、郭慧良博士、鄧永健醫生、曾頤欣醫生及楊善如醫生，應邀擔任講者，分享乳房造影檢查、乳癌治療及復健的最新資訊。同時感謝一眾贊助及所有協助舉辦活動的人士。



The HKBCF designates May as the “Breast Cancer Survivorship Month” every year to uplift breast cancer survivors and their families, as well as to raise public awareness of breast health through various events. On 4 May 2025, the HKBCF held the Breast Health Symposium 2025 at Hyatt Regency Hong Kong, Tsim Sha Tsui. The event, held online and offline, attracted over 100 participants.

We wish to extend our special thanks to Dr. Au Kwok Yin, Dr. Vicky Chan, Dr. Anthony Kwok, Dr. Joseph Tang, Dr. Yvonne Tsang and Dr. Cynthia Yeung for serving as speakers to impart their insights about updates on breast imaging, breast cancer treatment and rehabilitation. Our heartfelt gratitude also goes to sponsors and event helpers.



「乳癌的早期防治及輔助」研討會 “Early Prevention and Treatment of Breast Cancer” Seminar

基金會一直積極倡議全民乳癌篩查計劃。2024 年 10 月 29 日，基金會連同癌症策略關注組，及相關領域的專家和關注組織，與民建聯立法會議員葛珮帆，SBS, JP 及顏汶羽，召開「乳癌的早期防治及輔助」研討會。

研討會邀請到衛生署首席醫生（疾病預防）蘇佩嫦醫生及基層醫療署總經理余懿德醫生出席，就乳癌篩查和早期乳癌的防治，及推動基層醫療下的癌症防治等議題交流討論。

基金會創會人張淑儀醫生在會上積極建議，局方研究擴大篩查計劃範圍，除了高風險及有家族史的女性外，同時涵蓋中低風險的人士，以及早發現更多潛在的患者，及早治療以提升存活率。

基金會主席霍何綺華博士則於 2025 年 6 月 4 日和 11 日，分別參與癌症策略關注組暨乳癌專家小組會見立法會醫療衛生界議員林哲玄醫生，及參加「關注香港乳癌防治專家小組」會見立法會議員陳穎欣女士，建議政府分三階段實施全民乳癌篩查：首先是高風險組別婦女，然後是低收入地區婦女，最後是全港婦女。



The HKBCF has been actively advocating for a population-wide breast cancer screening programme. On 29 October 2024, the HKBCF, together with the Cancer Strategy Concern Group, and experts and organisations in related fields, held a seminar on “Early Prevention and Treatment of Breast Cancer”. Legislative Council Members from the Democratic Alliance for the Betterment of Hong Kong (DAB), Hon Elizabeth Quat, SBS, JP, and Dr. Hon Ngan Man-yu, also attended the seminar.

At the seminar, Dr. Kellie So Pui Sheung, Principal Medical and Health Officer (Disease Prevention) of the Centre for Health Protection, and Dr. Esther Yu Yee Tak, General Manager (Primary Care) of Primary Healthcare Commission, spoke breast cancer screening, early prevention and treatment of breast cancer, as well as promoting cancer prevention under primary healthcare.

Dr. Polly Cheung, Founder of the HKBCF, suggested that the Government should consider expanding the scope of the screening programme to include not only individuals at high risk or with a family history but also those at medium to low risk, so as to identify more potential patients early to improve survival rates.

Dr. Eliza Fok, Chairman of the HKBCF, attended a meeting on 4 June 2025 with the Cancer Strategy Concern Group, the Breast Cancer Expert Group, and Legislative Council Member (Medical Sector) Dr. Hon David Lam Tzit-yuen, to discuss the challenges of fighting against breast cancer. Dr. Fok also attended a meeting on 11 June 2025 with Legislative Council Member Hon JoePHY Chan Wing-yan, together with the Hong Kong Breast Cancer Prevention and Treatment Expert Group. Dr. Fok and the Group urged the Government to implement a population-wide breast cancer screening in three phases: first for high-risk female groups, second for women in low-income areas, and finally for all women in Hong Kong.

為推動乳健籌款

Fundraising for Breast Health

香港乳癌基金會（基金會）積極籌募善款，並聯同企業夥伴舉辦多項慈善活動，所得善款將用以支持基金會提供乳健檢查及診斷服務、支援乳癌患者、推廣乳健教育，以及推動乳癌研究與倡議工作。

The Hong Kong Breast Cancer Foundation (HKBCF) actively engages in fundraising initiatives and collaborates with corporate partners to launch various charitable activities. The funds raised help the HKBCF deliver breast health screening and diagnostic services, offer support to breast cancer patients, promote breast health education, and advance research and advocacy in the fight against breast cancer.



「乳健同行 2024」 – 齊心邁步為乳健

“Pink Walk 2024” – Walk for Breast Health, Together We Can

基金會年度慈善步行籌款活動「乳健同行 2024」於 10 月 20 日在港島山頂圓滿舉行，近二千名粉紅健兒踴躍參與，齊心邁步為乳健。

活動得以成功舉辦，全賴一眾粉紅健兒、義工隊、基金會大使、贊助商、支持機構、媒體夥伴攜手共襄善舉。慈善步行籌款活動的善款為基金會注入新動力，請繼續與基金會攜手同行，支援乳癌患者、康復者及其家人及照顧者。

The signature annual charity walk, “Pink Walk 2024”, organised by the HKBCF, was successfully held on 20 October at The Peak, Hong Kong Island. Some 2,000 Pink Walkers joined and walked for breast health.

The HKBCF expressed gratitude to all sponsors, supporting organisations, media partners, volunteers, Pink Walkers, and HKBCF Ambassadors for making “Pink Walk 2024” a success. The funds raised injected new energy into the HKBCF, and we look forward to continuing our work together in supporting breast cancer patients, survivors, and their families and caregivers.



企業夥伴發起慈善活動

Charity Campaigns Initiated by Corporate Partners

🦋 Lap Dog Challenge 跑出粉紅 Run for Pink - Lap Dog Challenge

建造界自 2016 年舉行年度跑步挑戰賽「Lap Dog Challenge」，籌款幫助有需要的團體。該活動於 2024 年 12 月 7 日在薄扶林香港大學何鴻燊體育中心圓滿舉行，基金會有幸獲選為活動受惠機構之一。

基金會感謝活動主辦單位 WT Partnership (Mark Van Beers 先生) 的支持，同時感謝香港明建會及各位跑手、支持者參與其中，為抗癌家庭帶來曙光。基金會管治委員會成員劉李瑩女士亦特意到場支持，為各位打氣。



The construction industry has held the annual “Lap Dog Challenge” since 2016 to raise funds for those in need. In 2024, the event took place on 7 December at the Stanley Ho Sports Institute athletics track, Pok Fu Lam. The HKBCF is honoured to be selected as one of the benefitting organisations.

The HKBCF wish to thank the event organiser, WT Partnership (Mr. Mark Van Beers), for their unwavering dedication to making this event a success. We also thank the Lighthouse Club Hong Kong, and all the runners and supporters for their generosity, which offers a beacon of hope to those families facing the challenges of breast cancer. Mrs. Josephine Lau, HKBCF Management Committee Member, also attended the event to show her support.

🦋 LRC 凝聚婦女力量 LRC Brings Women Together in Strength

基金會的粉紅寶石夥伴 - Ladies' Recreation Club 多年來一直支持基金會的工作。在 2024 年，LRC 為其會員舉辦了多個籌款活動，包括網球錦標賽、水中循環健身訓練、慈善麻將賽、羽毛球賽和瑜伽班，所籌得的善款將幫助更多乳癌患者、康復者、其家人和照顧者。善款由 LRC Charitable Foundation (LRCCF) 捐出。

We extend our heartfelt gratitude to our Pink Sapphire Partner, the Ladies' Recreation Club, for their unwavering support to HKBCF. In 2024, the LRC organised various fundraising activities for their members, including tennis tournaments, aqua circuit exercises, charity mahjong games, badminton tournaments and yoga sessions. We sincerely appreciate the generosity of the LRC and its members, which has significantly benefitted breast cancer patients, survivors, their families and caregivers. The donation was presented to HKBCF by LRC Charitable Foundation (LRCCF).



粉紅精神進駐瑞銀 Pink Vibes Have Filled the UBS Office



瑞銀香港秉承超過 20 多年的傳統，於粉紅十月舉行了各式各樣的粉紅活動，包括：粉紅主題聚餐、幸運轉盤遊戲、毛絨玩具義賣、親子藝術創作活動、烘焙義賣等。瑞銀員工互相分享快樂時光，並為乳癌社群籌集善款。基金會衷心感謝瑞銀集團多年來的支持，繼續攜手與乳癌患者同行，走向康復之路。

Following over 20 years of tradition in UBS Hong Kong Branch, various PINK activities were held in October, including a pink-themed potluck lunch, lucky wheel game, plush toy sales, family-friendly art jamming, bake sales, etc. The UBS staff shared a delightful PINK moment together and fundraised for the breast cancer community. Our sincere appreciation goes to UBS for their continued support of the HKBCF and their comprehensive approach to breast cancer awareness.

Let's continue to stay together with our breast cancer patients over the road to recovery.

Wacoal 粉紅絲帶活動鼓勵乳健檢查 Wacoal Pink Ribbon Campaign for Breast Health Checks

Wacoal 自 2004 年開始，每年 10 月舉辦粉紅絲帶活動，提高女性對乳癌的認知及對乳房健康的關注，並將活動收益捐予基金會。Wacoal 會員則可以優惠價在基金會乳健中心接受乳健檢查，藉此鼓勵女性定期接受乳健檢查。



Since 2004, Wacoal has hosted the Pink Ribbon Campaign every October to raise awareness among women about breast cancer and the importance of breast health. During the Breast Cancer Awareness Month, Wacoal members received breast screenings at the HKBCF Breast Health Centre at a discounted price, encouraging women to undergo regular screenings.

粉紅滿天為乳健 Fly Pink for Breast Health



由國泰航空機組人員組成的「Fly Pink Hong Kong」團隊，多年來一直支持基金會，而香港快運航空今年亦加入行列。國泰航空機師及機組人員在粉紅十月期間，佩戴粉紅色肩章及粉紅絲帶胸針，在天際中推廣乳健資訊。團隊舉行了一系列的粉紅活動，包括嘉年華及慈善籌款義賣活動，為航空界以至社區提升乳癌關注度，並將籌得的善款捐予基金會。

基金會衷心感謝「Fly Pink Hong Kong」團隊的鼎力支持，讓我們攜手守護婦女健康。

The "Fly Pink Hong Kong" team, composed of Cathay Pacific crew members, has been a strong supporter of the HKBCF. This year, Hong Kong Express has also joined the cause. Pilots and crew members put on their pink epaulettes and pink ribbon pins to promote breast health in the skies. Fly Pink Hong Kong also held a series of Pink events, including a fun fair with health booths and charity sales, with all the proceeds donated to the HKBCF, to raise breast cancer awareness within the aviation community and beyond.

Our heartfelt thanks to Fly Pink Hong Kong team for their impactful initiatives and support. Let us continue to join hands in safeguarding women's health.

PURE Group 推廣身心及乳健意識 PURE Group Champions Wellness and Breast Health Awareness

在 2024 年 10 月，PURE Group 展示對社區健康的承諾，號召會員支持基金會。通過在 PURE Yoga 和 PURE Fitness 舉辦一系列籌款課程，以及 nood food 限量版沙冰，PURE 社區合力宣傳乳健並為受乳癌影響的女性籌款。這些活動的所有收益均由 PURE 作一比一配對捐款。

基金會衷心感謝 PURE Group 及 PURE 社區的支持與合作，不僅籌款，同時提升意識、傳遞希望，以及在香港集合力量對抗乳癌。

In October 2024, the PURE Group proudly demonstrated its commitment to community wellness by rallying its members in support of the HKBCF. Through a series of engaging fundraising classes at PURE Yoga and PURE Fitness and nood food's limited-edition smoothie, the PURE Community united to promote breast health awareness and raise crucial funds for women affected by breast cancer. Remarkably, all proceeds from these initiatives were generously matched dollar-for-dollar by PURE.

The HKBCF expresses heartfelt gratitude to the PURE Group and the entire PURE Community for their unwavering support and partnership. Together, we are not only raising funds but also fostering awareness, hope, and the collective strength essential in the fight against breast cancer in Hong Kong.



與持份者緊密合作 Working with Stakeholders

香港乳癌基金會（基金會）衷心感謝社會各界的鼎力支持，企業及捐助機構堅定支持基金會，推動我們提供多元的服務，與不同持份者一同守護女性健康。

The Hong Kong Breast Cancer Foundation (HKBCF) is thankful for the generous support from the community, corporations and funding bodies enabled the HKBCF to provide diverse services and work alongside various stakeholders to safeguard women's health.

第二階段「乳癌篩查先導計劃」 Phase Two of the Breast Cancer Screening Pilot Programme (BCSPP)

基金會歡迎特區政府推出第二階段「乳癌篩查先導計劃」，並且十分榮幸成為指定服務提供者之一，為有高風險罹患乳癌的合資格婦女提供受資助的乳癌篩查服務，幫助及早發現未有病徵的乳癌患者，並促進她們及早接受治療。

基金會創會人張淑儀醫生表示，基金會一直提倡「及早發現，治療關鍵」，適時的診斷與治療對婦女有莫大裨益，推出第二階段「乳癌篩查先導計劃」有助提高公眾對乳癌的認知。

The HKBCF welcomes the HKSAR Government's launch of Phase Two of the BCSPP and is honoured to have been appointed as one of the designated service providers. This initiative offers subsidised breast cancer screening services to eligible women at high risk of developing breast cancer, which helps to detect asymptomatic cases early and facilitates timely treatment.

Dr. Polly Cheung, Founder of the HKBCF, stated that the HKBCF has consistently advocated for "Early Detection Saves Lives", which implies that timely diagnosis and treatment are immensely beneficial for women. She pointed out that the launch of Phase Two of the BCSPP will help raise public awareness of breast health.



攜手推動有需要婦女的乳健關懷 Together We Advance Breast Health for Women in Need



基金會衷心感謝陸鎮父子慈善基金對「弱勢婦女乳癌篩查計劃」的鼎力支持，慷慨捐助港幣 1,120,000 元，為 800 名有需要的婦女提供免費乳房 X 光造影檢查，協助及早發現乳癌，從而減低治療成本和身心創傷，並鼓勵婦女養成定期檢查乳房的良好習慣。

The HKBCF is deeply grateful to the Luzhen Elderson Charitable Foundation for its invaluable support of the "Breast Cancer Screening Programme for Underprivileged Women". With a generous grant of HK\$1,120,000, the programme has benefited 800 women in need by providing free mammography screening services that support early detection, reduce long-term treatment costs and trauma, and encourage women to develop a regular breast check-up habit.

「乳您同行」乳癌教室 Taking on Breast Cancer Challenge

基金會一直致力提高公眾認識乳癌，及乳房健康的重要。很榮幸得到香港賽馬會慈善信託基金支持，製作全新的「乳您同行」乳癌教室，一共 20 集的資訊教育短片。

一眾專家以深入淺出的方法，講解有關乳癌的正確概念及知識，與乳癌病人、康復者、及其家人和照顧者等一起走過抗癌路。是次教育短片邀得多位專科醫生及醫護專業人員，當中包括基金會創會人及外科專科醫生張淑儀醫生、基金會副主席及臨床腫瘤科專科醫生邱振中醫生、以及多位內科腫瘤科專科醫生、整形外科專科醫生、資深輔導心理學家、臨床心理學家。有關短片已於 2025 年 3 月初首播，3 個月間相關影片已累計超過 40,000 人次點擊瀏覽。

The HKBCF is dedicated to enhancing public awareness of breast cancer and promoting the importance of breast health. The HKBCF is much honoured to receive support of the Hong Kong Jockey Club Charities Trust, which has enabled the production of "Taking on the Breast Cancer Challenge", a newly launched 20-episode educational series.

The series covers a comprehensive range of topics related to breast cancer, from prevention and diagnosis to treatment, and emotional support. This series features insights from doctors and healthcare professionals. The guest speakers include Dr. Polly Cheung, Founder of the HKBCF and Specialist in General Surgery, Dr. Yau Chun Chung, Vice Chairman of the HKBCF and Specialist in Clinical Oncology, as well as Specialists in Medical Oncology, and Plastic Surgery, Senior Counselling Psychologists and Clinical Psychologists. The series was premiered in early March 2025 and had accumulated over 40,000 views within three months.



雅詩蘭黛集團（香港）乳癌籌款活動 Estée Lauder Companies (H.K.) Breast Cancer Campaign

長期夥伴雅詩蘭黛集團（香港）一直與基金會並肩防治乳癌工作。除了恆常地為基金會乳癌支援中心的患者提供專業化妝教學外，亦分享護膚心得。集團於 2024 年 10 月 17 日為員工舉辦一場大型籌款活動，除了有星級瑜伽導師倪晨曦現身支持，更邀得乳癌康復者兼瑜伽導師鄭惠嫻女士即席教授瑜伽，並分享個人的抗癌心路歷程。基金會顧問理事會成員曾頤欣醫生亦分享了許多乳癌資訊。同場設義賣環節，所得善款扣除支付平台手續費後，全數撥捐予基金會，為「建立沒有乳癌的世界」出一分力。



The HKBCF extends its heartfelt gratitude to The Estée Lauder Companies (H.K.), a long-standing partner of the HKBCF, in supporting the breast cancer community. The Estée Lauder Companies (H.K.) hosted a Pink Fair event on 17 October 2024, which featured renowned yoga instructor Elva Ni and breast cancer survivor Ms. Charmaine Cheng. Ms. Cheng who led a yoga class and shared her journey of overcoming breast cancer. Dr. Yvonne Tsang, HKBCF Advisory Council Member, also delivered an informative medical talk on breast cancer. The Pink Fair also included a charity sale, with all the proceeds (after deducting payment platform surcharges) going to the HKBCF to help build a world without breast cancer.

香港交易所慈善夥伴計劃資助「乳癌患者身與心中醫復健服務計劃」 HKEX Charity Partnership Programme Supported “Traditional Chinese Medicine Services for Restoring Physical and Psychological Wellness of Breast Cancer Patients” Programme

香港交易所慈善基金轄下的香港交易所慈善夥伴計劃，批出 300 萬港元資助，於 2022 年 6 月至 2025 年 5 月推行「乳癌患者身與心中醫復健服務計劃」。該項目經由香港公益金撥款及監察。合資格的申請者在完成腫瘤治療後會接受中醫服務，減輕乳癌治療副作用帶來的不適，並獲得情緒上的支援，該計劃讓 5,515 人受惠。

HKEX Foundation's HKEX Charity Partnership Programme approved a sum of HK\$3M to fund the “Traditional Chinese Medicine Services for Restoring Physical and Psychological Wellness of Breast Cancer Patients” Programme from June 2022 to May 2025. This project was allocated and monitored by the Community Chest of Hong Kong. Eligible applicants, following their oncology treatments, received traditional Chinese Medicine services to alleviate the side-effects of breast cancer treatments as well as emotional support. The programme benefitted 5,515 patients.



感謝林先生一家與我們同行 Heartfelt Thanks to the Lam Family for Their Lasting Support



基金會賽馬會乳健中心（九龍）的放射科醫生工作室以林陳鳳娟女士命名，作為紀念，並讓她的惠澤繼續溫暖人心。林先生一家更慷慨捐款，資助基金會的乳房 X 光造影檢查服務，幫助更多女性及早接受檢查和接受醫療護理。林先生一家的善良與無私，成為基金會強大後盾。

With the Radiologist Room at HKBCF Jockey Club Breast Health Centre (Kowloon) named in loving memory of Mrs. Lam Chen Fung Kuen, her legacy continues to make a difference every day. Also, the Lam family's donation directly supports our mammography screening services, helping more women access early detection and essential care. Their kindness is a source of strength for our community.

遺愛人間 — 淋巴水腫測量系統捐贈 Passing On Love — Donation of a Lymphoedema Measurement System

基金會乳癌支援中心會員、抗癌戰士洪蕊小姐，慷慨捐贈一套淋巴水腫測量系統予基金會，幫助乳癌患者及早監察及舒緩淋巴水腫情況。洪蕊小姐的捐贈對受淋巴水腫困擾的乳癌患者有莫大幫助。基金會感謝洪小姐家人的善心，讓洪小姐得以遺愛人間，以另一個形式與眾多乳癌患者及康復者同行。

Ms. Cathy Hung, HKBCF Breast Cancer Support Centre Member and a brave cancer fighter, has generously donated a lymphedema measurement system to the HKBCF to help breast cancer patients monitor and relieve lymphoedema at an early stage. Her donation brings significant support to patients suffering from this condition. The HKBCF is grateful to Ms. Hung's family for their kindness, allowing her legacy to continue and enabling her to walk alongside many breast cancer patients and survivors in another form.



中電集團支持基金會「以愛，傳承愛」計劃 CLP Group Supported the HKBCF “Pass Love On” Project

衷心感謝中電集團對基金會「以愛，傳承愛」計劃的支持，贊助基金會製作乳癌康復者短片—「編織·愛」和「延續·愛」，分別由康復者許慧兒女士和林素珊女士，以自身經歷勉勵其他同路人，傳揚勵志故事。

A heartfelt thank you to The CLP Group for their support of the HKBCF “Pass on Love” Project. The company sponsored the production of short films featuring breast cancer survivors – “Weaveing Love” and “Continuing Love”, presented by Ms. Carrie Hui and Ms. Susanne Lam. In the films, they share their personal experiences to uplift and inspire other breast cancer patients on similar journeys.



成立「香港乳癌基金會張淑儀醫生獎學金」及「香港乳癌基金會 Nancy Wong 獎學金」 “Hong Kong Breast Cancer Foundation Dr. Polly Cheung Scholarship” and “Hong Kong Breast Cancer Foundation Nancy Wong Scholarship”

基金會向東華學院捐贈港幣 32 萬元，成立「香港乳癌基金會張淑儀醫生獎學金」及「香港乳癌基金會 Nancy Wong 獎學金」協助培育專業放射診斷技師。

The HKBCF has donated a sum of HK\$320,000 to Tung Wah College (TWC) for establishing the “Hong Kong Breast Cancer Foundation Dr. Polly Cheung Scholarship” and “Hong Kong Breast Cancer Foundation Nancy Wong Scholarship” to help nurture professional radiographers in Hong Kong.

在 2024 年 8 月 21 日舉行的支票頒贈儀式上，基金會創會人張淑儀醫生及乳癌支援中心委員會成員梁黃潔女士，在基金會及東華學院的管理團隊見證下，將捐款支票轉贈給東華學院校長陳慧慈教授。陳教授帶領各人參觀東華學院的實驗室和教學設施。

At the Cheque Presentation Ceremony on 21 August, 2024, Dr. Polly Cheung, the Founder of the HKBCF, and Mrs. Kit Leung, HKBCF Breast Cancer Support Centre Committee Member, presented the donation cheque to Professor Sally Chan, President of TWC, with the management teams of the HKBCF and TWC in attendance. Professor Chan also gave a tour of their laboratories and teaching facilities.

基金會感謝張淑儀醫生及梁黃潔女士分別捐贈港幣 16 萬元予基金會設立獎學金。

The HKBCF wishes to thank Dr. Polly Cheung and Mrs. Kit Leung for each donating HK\$160,000 to the HKBCF for setting up the Scholarships.



香港崇德社伴乳癌患者同行 Empowering Breast Cancer Patients with Zonta Club of Hong Kong

感謝香港崇德社的撥款資助，讓基金會推出「伴你同行 – 乳癌患者從診斷到治療的前後調整」計劃。該項目旨在為乳癌患者提供全方位支援，透過術後工作坊、健康講座及社區活動，惠及逾 800 人次，協助她們從確診至治療等各階段，得以面對及適應病況。

We extend our heartfelt gratitude to the Zonta Club of Hong Kong for their generous support for our programme “Empower the Journey – Pre- and Post-Treatment Adjustments for Breast Cancer Patients from Diagnosis to Treatment”. Through post-operative workshops, health talks, and community events, this programme aims to provide comprehensive support to help breast cancer patients cope with and adapt to their condition from diagnosis through every stage of treatment, benefitting over 800 attendees.



媒體工作一覽

Media Work at a Glance

新聞稿
Press Release
10 篇 pieces

報章專欄文章
Articles in Regular Columns
102 篇 pieces

媒體訪問
Media Interview
27 次 times

新聞發布會
Press Conference
3 次 times



基金會主席霍何綺華博士於 2024 年 10 月 16 日，在大公文匯網受訪時分享，基金會一直推廣「三管齊下」防治乳癌，包括每月自我檢查、每兩年接受臨床檢查，以及每兩年接受乳房 X 光造影檢查。

On 16 October 2024, Dr. Eliza Fok, Chairman of the HKBCF, said during an interview with Ta Kung Wen Wei that the HKBCF has been promoting a "3-Step Breast Screening" which includes monthly self-examinations, clinical examination every two years, and mammograms every two years.



《#Hashtag Hong Kong》受訪時提到，本港平均每周有 15 名婦女死於乳癌，提醒聽眾應定期接受乳癌檢查，並以已故樂壇巨星 Micheal Jackson 的經典歌曲《Heal the World》，呼籲大家召集身邊人一起支持乳癌社群。

On 27 October 2024, Dr. Yvonne Tsang, HKBCF Advisory Council Member, said at the English programme "# Hashtag Hong Kong" of RTHK Radio 3 that an average of 15 women in Hong Kong die from breast cancer each week. She reminded the audience to undergo regular breast screenings and support the breast cancer community, invoking Michael Jackson's classic song "Heal the World".



Dr. Eliza Fok, Chairman of the Hong Kong Breast Cancer Foundation (HKBCF), and Dr. Polly Cheung, Founder of the HKBCF, were interviewed by Prestige Hong Kong on 21 May 2025. They talked about the importance of promoting breast health to the public over the past 20 years and emphasised the importance of "Early Detection Saves Lives".

香港乳癌基金會主席霍何綺華博士及基金會創會人張淑儀醫生，於 2025 年 5 月 21 日接受雜誌《Prestige Hong Kong》訪問，分享過去 20 年來堅持向公眾推廣乳癌資訊的重要性，強調「及早發現，治療關鍵」。

在 2024 年 11 月，香港癌症資料統計中心公布，乳癌首度超越大腸癌，成為本港第二大常見癌症。基金會創會人張淑儀醫生於該月 13 日，接受香港電台節目《自由風自由 PHONE》訪問時表示，政府於 2021 年展開的乳癌篩查先導計劃是一個好開始，呼籲政府早日擴大篩查計劃，相信對防治乳癌亦會漸見成效。

According to the latest statistics from the Hong Kong Cancer Registry published in November 2024, the number of breast cancer diagnoses has surpassed colorectal cancer, making it the second most common cancer in Hong Kong. Dr. Polly Cheung, Founder of the HKBCF, was interviewed on the RTHK programme "自由風自由 PHONE" on 13 November 2024. She pointed out that the Breast Cancer Screening Pilot Programme, rolled out by the Government in 2011, was a good start. She urged the Government to expand the Programme to mitigate the risk of breast cancer.



基金會於 2024 年 10 月舉行傳媒聚會，介紹由創會人張淑儀醫生及基金會乳癌中心顧問委員會主席熊維嘉醫生聯手著作的新書《為乳網繆》，以專業角度解構乳癌十大成因及預防方法，推出屬於香港女性的乳癌預防指南。

In October 2024, the HKBCF held a media gathering to introduce the new book "為乳網繆", co-authored by Dr. Polly Cheung, Founder of the HKBCF, and Dr. Hung Wai-ka, HKBCF Breast Health Centre Advisory Committee Chairman. The book provides a professional perspective in analysing the top 10 causes of breast cancer and the methods of prevention. The book serves as a breast cancer prevention guide tailored for women in Hong Kong.



基金會主席霍何綺華博士於 2024 年 9 月 28 日，接受新城電台節目《開心大派對》訪問，談及基金會一直堅持提高公眾對乳癌的認識及推廣乳房健康的重要性。

On 28 September 2024, Dr. Eliza Fok, Chairman of the HKBCF, was interviewed on the "Happy Party" programme of Metro Radio. Dr. Fok indicated that HKBCF has consistently focused on raising public awareness about breast cancer and promoting the importance of breast health.



在 2024 年 9 月至 10 月期間，基金會管治委員會成員鄭茜女士和鍾麗芳女士，以及基金會乳癌支援中心委員會成員陳潔瑩女士，分別到新城電台節目《QK 玉瑛室》、《漫生活提案 - 體藝文情》、《原來生活好快樂》接受訪問，宣傳基金會工作及呼喚公眾參加「乳癌同行」，支援基金會工作及乳癌社群。

From September to October 2024, Ms. Sharon Cheng and Ms. Rebecca Chung, both HKBCF Management Committee Members, along with Mrs. Margaret Chan-Thorp, HKBCF Breast Cancer Support Centre Committee Member, attended in various radio interviews. They shared their journey of fighting against breast cancer and their experiences serving as committee members of the HKBCF. They encouraged the public to participate in Pink Walk 2024 to support HKBCF and the breast cancer community.



基金會創會人張淑儀醫生於 2024 年 10 月 5 日，接受香港電台第三台英文節目《Lion Rockers》訪問時分享個人成長經歷，以及致力投身醫療界、專注醫治乳癌病人的決心。張醫生以《永不放棄》一曲憑歌寄意，勉勵大家克服在人生中的各種困難和挑戰，傳承「獅子山精神」。

Dr. Polly Cheung, Founder of the HKBCF, was interviewed by the English programme "Lion Rockers" of RTHK Radio 3. She shared her personal journey in growing up and her determination to dedicate herself to the medical field, focusing on breast cancer patients. Dr. Cheung also shared the Chinese song called "永不放棄" to encourage the audience to face up to and overcome challenges with resilience, embracing the "Lion Rock Spirit".



感謝基金會顧問理事會成員鍾麗芳女士、藝人吳忻熹女士、高鈞賢先生及註冊輔導心理學家譚嘉宜小姐，在 2024 年 7 月至 2025 年 6 月期間，分別於商業電台《有誰共鳴》節目受訪，憑歌寄意講述自己的故事和經歷，並揀選基金會作為受惠機構，大家只要發出短訊到指定號碼，基金會即獲得捐款。

Ms. Rebecca Chung, HKBCF Management Committee Member, Mr. Matthew Ko, artist, Ms. Nathaliie Ng, artist, and

Ms. Chloe Tam, a registered counselling psychologist, separately appeared on Commercial Radio Hong Kong programme "Share My Song" between July 2024 and June 2025. They shared their stories and experiences through music. They also chose the HKBCF as the beneficiary, as the audience could support the HKBCF by sending SMS messages to a designated number, to make donations.



基金會乳癌支援中心委員會成員譚彩華女士於 2024 年 7 月 2 日，接受新城知訊台節目《搵黎搞村》訪問。譚女士以過來人身份分享戰勝乳癌嘅心路歷程、乳癌知識等等。

On 2 July 2024, Ms. Wendy Tam, HKBCF Breast Cancer Support Centre Committee Member, attended an interview on the Metro Radio programme "搵黎搞村". As a survivor, Wendy shared her journey of overcoming breast cancer and provided insights into breast health.

乳癌康復者的回饋

Valuable Feedback from Our Survivors

屏屏 Ping Ping

我在 2008 年 10 月確診患上乳癌並接受了左邊乳房切除，再進行化療配合荷爾蒙藥物治療。現在的我，已是康復了 17 年的「過來人」，今年已經 70 歲了。很高興認識到香港乳癌基金會（基金會），令我積極面對乳癌帶來的挑戰。

衷心感謝基金會的註冊護士為我提供專業心理支援，每當我遇到困難或不安時，只要聯絡姑娘，她們就非常熱心解答我的疑慮。在康復道路上，我學懂放慢腳步、放下執著，讓自己有喘息的空間。我喜歡親身接觸同路人，講述自我經歷。透過人與人之間的身體接觸，一個擁抱、輕拍肩膀，均是無比的鼓勵。我很感恩一路上有家人及基金會對我的支持，讓我擁有堅強的力量打勝仗！我得，你都得！

I was diagnosed with breast cancer in October 2008 and underwent a left breast mastectomy, followed by chemotherapy and hormone therapy. Now, I am 70 years old and a survivor who has been in recovery for 17 years. I am very grateful to the Hong Kong Breast Cancer Foundation (HKBCF), which has empowered me to face the challenges of breast cancer.

I sincerely thank the registered nurses at HKBCF for providing me with professional psychological support. Whenever I faced difficulties or emotional distress, reaching out to them brought me reassurance and understanding. On my recovery journey, I learned to slow down and let go of my obsessions, allowing a brief pause for rest. I enjoy connecting with fellow survivors and sharing my experiences. Simple gestures of physical connection, like a hug or a pat on the shoulder, provide immense encouragement. I am deeply thankful to my family and HKBCF for their support throughout this journey, which has given me the strength to triumph! I can do it, so can you!



葉女士 Kitty

今年初我完成治療，成功畢業了！我在 2024 年 6 月確診患上乳癌 I 期，半年內經歷手術、化療、電療，如今終於跨過去了。

在化療期間，認識基金會，並參加了為患者而設的病友支援小組。接受第一次化療後，我參與基金會舉辦的化療需知講座、情緒支援小組，得到基金會註冊護士專業的指導，找到方法紓緩不安，學習放下。同期姊妹們邀請我加入 WhatsApp 群組，彼此互相鼓勵，讓人感到安心，同時感受到同行的力量。

另外，在治療期間，我曾為飲食擔心，幸好得到丈夫照顧日常飲食，並特意為我準備高蛋白質的食物。引用丈夫的金句：「不用怕，有醫生護士幫你！」我想勉勵同路人，要打開心扉，與家人分享自己的看法和感受。在親友陪伴和支持下，一起走過治療路，我們只要保持心境開朗就是最好的良藥。

At the beginning of this year, I completed my treatment and successfully graduated! I was diagnosed with stage I breast cancer in June 2024 and went through surgery, chemotherapy, and radiation therapy over six months. I am relieved to have finally made it through.

During chemotherapy, I learned about the HKBCF and joined the patient support group. After my first chemotherapy session, I attended talks on chemotherapy essentials and an emotional support group, where I received professional guidance from registered nurses, and found ways to alleviate my anxiety and take things more lightly. Additionally, the fellow patients I met during this time invited me to join a WhatsApp group, where we gave comfort and strength to each other.

Besides, during my treatment, I was worried about my diet. Thankfully, my husband took care of my daily meals, specifically preparing high-protein foods for me. To quote him: "Don't be afraid, you have doctors and nurses to support you!" I would like to encourage others on this journey to open their hearts, share their thoughts and feelings directly with their family. Having friends and loved ones by your side provides invaluable support throughout the treatment journey. Maintaining a positive mindset is, in itself, one of the best forms of medicine.



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